

2023 - 2024 AGE GROUP LONG COURSE SWIMMING COMPETITION – DIVISION II (PART 3)

2023 - 2024 第二組長池分齡游泳比賽第三節

Date:	25 June 2023 (Sunday)	Venue:	Sha Tin Jockey Club Swimming Pool 沙田賽馬會游泳池
Morning Warm up:	0900 - 0945 hours	Morning Session First Event:	1000 hours
Afternoon Warm Up:	1330 - 1415 hours	Afternoon Session First Event:	1430 hours

GIRLS 女					BOYS 男	
1	13 & 14 YRS	100M	BUTTERFLY	蝶泳	2	
3	15 - 17 YRS	100M	BUTTERFLY	蝶泳	4	
5	13 & 14 YRS	50M	FREESTYLE	自由泳	6	
7	15 - 17 YRS	50M	FREESTYLE	自由泳	8	
9	8 YRS & UNDER	50M	FREESTYLE	自由泳	10	
11	13 & 14 YRS	100M	BACKSTROKE	背泳	12	
13	15 - 17 YRS	100M	BACKSTROKE	背泳	14	
15	8 YRS & UNDER	100M	BACKSTROKE	背泳	16	
17	13 & 14 YRS	200M	BREASTROKE	蛙泳	18	
19	15 - 17 YRS	200M	BREASTROKE	蛙泳	20	
午膳時間 Lunch Break						
21	11 & 12 YRS	100M	BUTTERFLY	蝶泳	22	
23	9 & 10 YRS	100M	BUTTERFLY	蝶泳	24	
25	11 & 12 YRS	50M	FREESTYLE	自由泳	26	
27	9 & 10 YRS	50M	FREESTYLE	自由泳	28	
29	11 & 12 YRS	100M	BACKSTROKE	背泳	30	
31	9 & 10 YRS	100M	BACKSTROKE	背泳	32	
33	11 & 12 YRS	200M	BREASTROKE	蛙泳	34	
截止註冊日期	CLOSING DATE FOR REGISTRATION:		12 May 2023 (1700 hours)			
截止報名日期	CLOSING DATE FOR ENTRIES:		2 June 2023 (1700 hours)			