

Result

比賽賽果



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2023-24 Long Course Masters Swimming Competition (Part 3)

二零二三至二零二四年長池先進游泳比賽第三部份

18 June 2023 (Sun)

二零二三年六月十八日(日)

**Sun Yat Sen
Memorial Park
Swimming Pool
中山紀念公園游泳池**

Subvented by the LCSD



Long Course Masters Swimming Competition – Part 3

長池先進游泳比賽 – 第三部份

Date: 18-06-2023 (Sunday)

Venue: Sun Yat Sen Memorial Park Swimming Pool 中山紀念公園游泳池

Morning Warm up/熱身: 0830 – 0920 Hrs

Morning First Event/開始: 0930 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN	
1	100 M	Breaststroke	蛙泳	2	
3	50 M	Backstroke	背泳	4	
5	100 M	Freestyle	自由泳	6	
Lunch Break 午膳時間					
7	4 x 50 M	Freestyle Relay	自由接力	8	
9	50 M	Breaststroke	蛙泳	10	
11	4 x 50 M	Mixed Medley Relay	男女混合四式接力		
12	400 M	Freestyle	自由泳	13	

2324 Long Course MS Swi Competition Part 3 - 18/06/2023

Results

Event 1 Men 18-24 100 LC Meter Breaststroke

MSR: 1:08.54 M

	ID#	Name	Age	Team	Seed Time	Finals Time
1	30694 IAZ	Cheung, Chi Kit Nicholas	18	WDS	1:09.00	1:03.65 M
2	23150 B	Yoshida, Satoshi	24	*FL	1:18.00	1:17.00
3	22513 IAZ	Tang, Cheuk Yan	23	KTS	1:35.00	1:17.82
4	23031 IAZ	Lam, Man Hin Andrew	22	PSC	1:50.00	1:21.34
5	19383 B	Lee, Man Kit	24	KHC	1:30.00	1:23.22
6	40782 IAZ	Chan, Ho Long	18	CUC	1:18.27	1:23.49
7	15351 IAZ	Chang, Jaw Ting	22	PSC	1:28.37	1:26.56
8	25611 B	Chu, Kin Shing	19	*CY	1:50.00	1:26.57
9	25258 IAZ	Chik, Shun Hei	22	CUC	1:23.10	1:27.32
10	19958 IAZ	Wong, Ting Toh	24	KHC	1:30.00	1:27.57
11	38234 IAZ	Kwok, King Him	18	CUC	1:25.00	1:33.82

Event 1 Men 25-29 100 LC Meter Breaststroke

MSR: 1:09.28 M

1	05577 IBZ	Yuen, Marcus	29	LRC	1:09.94	1:09.85
2	50989 IAZ	Cheung, Kam Kwan Ronald	28	LRC	1:14.50	1:10.76
3	05642 IBZ	Lok, Ho Chun	29	HKP	1:16.23	1:17.98
4	33918 IAZ	Chan, Ming Hin	28	HKP	1:30.00	1:20.77
5	23081 IAZ	Loo, Chun Hei	25	DWA	1:20.04	1:23.81
6	10083 IAZ	Chan, Chun Yin Wilson	29	HKP	1:25.64	1:28.08

Event 1 Men 30-34 100 LC Meter Breaststroke

MSR: 1:09.75 M

1	03978	Lau, Chun Sing	31	HMA	1:50.00	1:13.10
2	02591	Luk, Wing Kin Andy	34	KHC	1:11.00	1:13.56
3	04877 IBZ	Ng, Yu Ting	32	SFC	1:23.23	1:23.37

Event 1 Men 35-39 100 LC Meter Breaststroke

MSR: 1:10.50 M

1	00093	Tam, Tak Ching	36	DWA	1:15.39	1:18.24
2	51246 @^IM	Zhang, Wei	35	NWC	1:25.00	1:22.31
3	03717 IBZ	Yeung, Ka Ho	36	DWA	1:50.00	1:25.97
4	33910 IAZ	Cheung, Tai Hang	35	#CR	1:24.00	1:26.57
5	03713 IBZ	Tang, Chee Kit	37	#DB	1:30.00	1:33.59
6	27469 IAX	Lam, Kin Wang	38	HKP	1:39.00	1:34.13
7	48051 @IAO	Lacotte, Hugues	35	*FL	1:45.00	1:35.18
---	41147 IAZ	Mok, Lai Yeung Jason	39	#DB	1:30.00	SCR
---	50508 @^IM	Zhong, Zhiming	38	SFC	1:40.00	SCR

Event 1 Men 40-44 100 LC Meter Breaststroke

MSR: 1:15.87 M

1	01012 ICZ	Fong, Lik Sun	43	#FB	1:15.00	1:12.55 M
2	35790 ICO	Launay, Thomas	44	LRC	1:19.71	1:18.61
3	40834 IAZ	Chang, Hsi Tse JosephJeremy	44	#DB	1:22.00	1:21.70
4	05155	Chan, Albert Kam Ming	42	#DB	1:30.00	1:27.65
5	50499 @^IM	Zhao, Liang	43	SFC	1:35.00	1:29.82
6	03796 ICZ	Chan, Pui Kei	42	NWC	1:33.00	1:32.26
7	49027 IAZ	Ng, Fung Kei	43	SFC	1:45.00	1:33.56
8	18880 IAZ	Chan, Ho Wai Howard	42	SYS	1:50.00	1:35.49
9	43948 @^IM	Wang, Shengli	44	NWC	1:40.00	1:40.93
10	03793 ICZ	Po, Tik San	41	NWC	1:50.00	1:45.44
11	38035 IAZ	Mok, Kin Fan	43	THS	2:00.00	1:55.34
12	23119 IAZ	Chan, Ying Tsung Bosco	42	SFC	2:04.00	2:01.77
---	39981 IAZ	Mui, Ho Chuen	43	SFC	1:24.00	NS
---	24266 IAZ	Ma, Ling Ho Herwin	40	HKP	1:32.00	NS

2324 Long Course MS Swi Competition Part 3 - 18/06/2023

Results

(Event 1 Men 40-44 100 LC Meter Breaststroke)

---	42222 IAZ	Yick, Tsip Lam	40	SFC	1:38.00	SCR
---	01948 ICZ	Tang, Ho Yuen	41	#DB	1:41.00	SCR

Event 1 Men 45-49 100 LC Meter Breaststroke

MSR: 1:15.29 M

1	05160	Chan, Ka Wo	46	#DB	1:15.44	1:19.02
2	42737 IAZ	So, Ma Loi	47	SFC	1:35.00	1:33.46
3	24603 IAZ	Hung, Ka Ming	48	YMC	1:45.00	1:39.27
4	40835 IAZ	Leung, Wing Hong Alvin	49	#DB	1:45.00	1:44.20
---	37671 @ICO	Stamenovic, Ivan	47	LRC	1:30.00	NS
---	17961 ICO	Jones, Simon	47	LRC	1:16.57	SCR
---	47461 IAZ	Tse, Ka Fai	49	NWC	2:00.00	SCR

Event 1 Men 50-54 100 LC Meter Breaststroke

MSR: 1:13.66 M

1	25592 IAZ	Cheung, Wai Kei	51	FFA	1:27.21	1:26.79
2	26317 IAZN	Tung, Shang Wei Timothy	53	KTS	1:35.00	1:30.58
3	27868 IAZ	Chan, Chi Wah Ringo	51	SFC	1:40.00	1:33.34
4	42085 IAZ	Lee, Hon Lun Philip	51	SFC	1:45.00	1:37.40
5	35849 IAX	Ku, Kin Hing	50	HFS	1:45.00	1:40.40
6	35711 IAX	Wong, Fuk Kei	54	SFC	1:50.00	1:49.58
---	42364 IAZ	Lau, Yip Kwong Francis	54	#DB	1:50.00	SCR

Event 1 Men 55-59 100 LC Meter Breaststroke

MSR: 1:21.91 M

1	32253 #IAZ	Watt, Kam Sing Michael	56	*FL	1:23.51	1:21.44 M
2	18856 IAZ	Au, Mun Shing	58	SFC	1:25.00	1:28.06
3	40592 IAZ	Fo, Pui Keung	59	HKP	1:45.97	1:38.46
4	22433 IAZ	Lui, Man Pong	58	NWC	1:35.00	1:48.80
5	05139	Lin, Fulong	56	FFA	1:46.73	1:54.10
---	27869 IAZ	Lee, Kam Cheong	59	SFC	1:50.00	SCR

Event 1 Men 60-64 100 LC Meter Breaststroke

MSR: 1:24.69 M

1	51229 @^IM	Chen, Yanmin	61	SFC	1:25.00	1:28.52
2	50514 @^IM	Ye, Jinkun	61	SFC	1:36.00	1:31.04
3	45930 IAZ	Lo, Wing Kwong	62	SYS	1:36.00	1:32.83
4	06256	Chan, Kwong Peter	62	SGC	1:35.00	1:35.92
5	32108 IAX	Chan, Kiu	61	SFC	1:50.00	1:42.42
6	26176 IAX	Ho, Chung Man	60	LTS	1:46.00	1:49.44
7	41007 IAZ	So, Man Sing	62	SGC	1:50.00	1:54.65
8	07802	Chau, Kam Tim	63	SGC	1:58.00	1:55.25
9	36725 IAZ	Yau, Wai	64	SGC	1:51.00	1:56.68
10	48289 IAZ	Cheung, Sai Hung Steven	63	SFC	2:04.00	2:02.22
---	25226 IAZ	Choi, Tai Wing	62	SFC	1:50.00	SCR

Event 1 Men 65-69 100 LC Meter Breaststroke

MSR: 1:26.42 M

1	06176	Wong, Kung Wan	67	SGC	1:38.00	1:33.91
2	49915 @IAX	Tai, Yu Chung	65	NWC	1:40.00	1:36.07
3	06281	Fung, Kam Tai	68	SFC	1:48.00	1:54.48
---	50662 @^P	Zong, Cheng	65	SFC	1:33.00	SCR

Event 1 Men 70-74 100 LC Meter Breaststroke

MSR: 1:34.27 M

1	06382	Chan, Kam Por	71	SFC	1:38.00	1:34.33
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2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****(Event 1 Men 70-74 100 LC Meter Breaststroke)**

2	05917	Yong, Khin Syn	74	SFC	1:47.00	1:49.59
3	04504	IAO Yura, Tadami	71	SFC	1:58.00	2:02.09
4	11563	Lee, Kwok Hung	70	SFC	2:10.00	2:06.91
---	06243	Koo, Choi Fat	73	WDS	2:00.00	SCR

Event 1 Men 75-79 100 LC Meter Breaststroke**MSR: 1:52.09 M**

---	49541	@IAXN Yang, Victor	78	#DB	2:20.00	SCR
---	10274	Lau, Chun Nung	77	LTS	2:10.00	SCR

Event 1 Men 80-84 100 LC Meter Breaststroke**MSR: 2:08.90 M**

1	06270	Lam, Luk Kan	82	SFC	2:10.00	2:41.34
2	23959	IAZ Chiu, Chin Hung	83	KRS	2:20.00	2:50.94

Event 2 Women 18-24 100 LC Meter Breaststroke**MSR: 1:13.79 M**

1	22061	IAZ Hung, Devina Catherine	20	DLS	2:00.00	1:25.23
2	23105	IAZ Ho, Cheuk Wai	22	DWA	1:22.13	1:27.11
3	23688	IAZ Mok, Ka Ka Janis	23	*FL	1:30.00	1:27.88
4	31549	IAZ Wong, Choi Wan Phoebe	21	PSC	1:50.00	1:27.92
5	31444	#IAX Tang, Hiu Tung	22	PSC	1:30.65	1:29.01
6	37318	IAO Chio, Yi Lan	20	DWA	1:33.07	1:30.18
7	20061	B Wong, Tsz Yin	24	SFC	1:30.00	1:34.88
---	50379	@^ICO Kuai, Wen	24	KTS	1:46.00	SCR

Event 2 Women 25-29 100 LC Meter Breaststroke**MSR: 1:22.65 M**

1	46331	@ICO Brueck, Hannah Madeleine	27	*FL	1:32.00	1:30.28
2	20401	IAZ Leung, Wan Ki	25	KHC	1:50.00	1:41.70
3	38653	IAZ Sin, Wai Ting	29	#GD	2:00.00	1:56.62

Event 2 Women 30-34 100 LC Meter Breaststroke**MSR: 1:18.68 M**

1	50922	@ICO Hughes, Christine Virginia	32	LRC	1:26.00	1:26.93
2	02295	IBZ Tao, Wai Kiu	30	PSC	1:23.89	1:27.49
---	50513	@^IM Wu, Qiaoling	33	SFC	1:46.00	SCR
---	51249	@^IM Liu, Juan	34	NWC	1:54.00	SCR

Event 2 Women 35-39 100 LC Meter Breaststroke**MSR: 1:20.17 M**

1	49329	#@IAO Ng, Carmen C M	39	PSC	1:32.44	1:34.56
2	50839	@^IM Zhuo, Enqi	39	*TM	1:45.00	1:45.45
3	13384	ICZ Lee, May Sze Mei	36	NWC	2:07.38	2:12.39
---	07651	IBZ Yu, Sze Wai Joyce	35	HKP	1:40.45	SCR

Event 2 Women 40-44 100 LC Meter Breaststroke**MSR: 1:21.23 M**

1	49442	IAZ Chan, Yuk Man Phoebe	44	SFC	1:45.00	1:33.71
2	06304	ICZ Cheung, Man Yiu	44	SGC	1:34.00	1:34.15
3	30072	ICW Chao, Man Chi	44	NWC	2:00.00	1:40.32
4	02727	ICZ Lui, Wing Yee	40	HTA	2:00.00	1:54.49
5	08977	Ho, Yee Yun Rosalind	44	CUC	1:46.93	1:56.38
6	50515	IAZ Cheung, Hiu Yan	41	SFC	1:55.00	2:07.49
---	44676	IAZ Lam, Sze Wai Jacqueline	43	HJC	1:50.00	SCR

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Results

Event 2 Women 45-49 100 LC Meter Breaststroke

MSR: 1:19.99 M

1	33036 ICO	Coleman, Claire Michelle	45	*FL	1:37.59	1:34.42
2	35765 IAZ	Wong, See Ming	45	HKP	1:35.00	1:36.99
3	43157 @ICO	Lee, Chew Ling	46	LRC	1:44.00	1:54.82
4	45917 @^IM	Huang, Caifang	49	SFC	2:02.00	1:57.95
5	43964 @^IM	Qiu, Qi	47	NWC	1:54.00	1:58.26
6	46181 IAZ	Ng, Yan Yan Bandy	47	TSA	1:53.52	1:58.62

Event 2 Women 50-54 100 LC Meter Breaststroke

MSR: 1:29.58 M

1	35969 IAX	Wang, Ying Lian	51	TSA	1:53.00	1:49.92
2	35772 IAX	Ban, Xianhai	51	NWC	2:00.00	1:53.89
3	06349	Ip, Oi Wa Wendy	51	SFC	1:50.00	1:55.38
4	49204 IAZ	Cheng, Wai Man	52	SGC	1:55.00	2:03.14
5	44304 IAX	Choi, Shan Shan	51	SFC	2:05.00	2:05.97
6	40912 IAZ	Ng, Yee Ling	52	THS	2:00.00	2:08.19
7	43063 @IAO	Wong, Rose	53	LRC	2:05.30	2:09.32
8	43947 @^IM	Xing, Xiaojuan	54	NWC	2:15.00	3:02.52

Event 2 Women 55-59 100 LC Meter Breaststroke

MSR: 1:35.97 M

1	16303	Rana, Naomi	57	LRC	1:52.99	1:57.44
2	38289 IAZ	Ng, Wai Lin Angie	59	SFC	2:20.00	2:09.67
---	29831 IAZ	Lowe, Yeuk Ling Dilys	59	SFC	2:15.00	SCR

Event 2 Women 60-64 100 LC Meter Breaststroke

MSR: 1:39.76 M

1	34668 IAZ	Tang, Pik Ha	63	NWC	2:07.00	2:07.78
2	22428 IAZ	Lau, Yuk Lin Rocky	61	SGC	1:52.00	2:13.24
3	45187 IAX	Chan, On Mei	60	SFC	2:20.00	2:23.31
---	44442 IAZ	Lai, Fang Ha Shirley	63	HJC	2:00.00	SCR

Event 2 Women 65-69 100 LC Meter Breaststroke

MSR: 1:51.76 M

1	02711	Fok, Wai Fung	65	WDS	2:16.00	2:15.70
---	49428 IAX	Leong, Sao Fan	66	NWC	2:30.00	SCR

Event 2 Women 70-74 100 LC Meter Breaststroke

MSR: 1:53.65 M

1	39357 @^P	Mak, Sok Iun	73	SFC	2:20.00	2:23.54
2	06212	Lo, Yeuk Shuen	74	WDS	2:30.00	2:48.13

Event 2 Women 75-79 100 LC Meter Breaststroke

MSR: 2:09.00 M

1	02365	Chow, So Kam	78	KTS	2:30.00	2:49.52
2	32571 IAZ	Chan, Pui Yee	79	SFC	2:30.00	3:18.76

Event 3 Men 18-24 50 LC Meter Backstroke

MSR: 28.26 M

1	22276 B	Chong, Michael Yat Tsun	22	SFC	30.00	30.27
2	19383 B	Lee, Man Kit	24	KHC	40.00	34.31
3	45854 IAZ	Cheng, Wing Ka	18	CUC	39.04	39.60

Event 3 Men 25-29 50 LC Meter Backstroke

MSR: 27.65 M

1	50989 IAZ	Cheung, Kam Kwan Ronald	28	LRC	33.40	31.76
2	50507 @^IM	Zhou, Boyang	27	SFC	32.00	33.74

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****(Event 3 Men 25-29 50 LC Meter Backstroke)**

3	05695 #IBZ	Wu, Tsz Fung	29	SFC	35.00	34.60
4	23695 IAZ	Lee, Michael Le Jin	28	CUC	40.00	38.46
---	13072 IAZ	Mo, Tsun Hei	27	KHC	40.00	SCR

Event 3 Men 30-34 50 LC Meter Backstroke**MSR: 29.77 M**

1	06092 IAZ	Ng, Yan Ho	33	HKP	35.00	31.41
2	01784 B	Tso, Hiu Fung	32	#DB	33.00	32.26
3	10683 IBZ	Lee, Tsun Sang	31	#GD	36.00	33.59
4	06886 B	Li, Chin Long	33	EWS	32.22	33.98
5	00385	Cheng, Pong Man Reuben	34	FFA	36.00	36.91
6	43276 ICO	Gattegno, Julien	31	*FL	36.50	37.37
7	02040	Yei, Tak Sau	34	FFA	38.23	39.33
8	10686	Chan, Ching	32	#GD	40.00	39.63
---	49924 @ICO	Lemaire, Thibaud Christophe	31	FFA	37.00	SCR
---	05854 IAZ	Cho, Wai Ching	32	FFA	34.36	SCR

Event 3 Men 35-39 50 LC Meter Backstroke**MSR: 30.38 M**

1	00444	Lam, Yau Sun Dickson	38	#DB	30.00	30.99
2	00093	Tam, Tak Ching	36	DWA	33.20	32.69
3	42367 IAO	Chow, Chun Yin	37	#DB	35.00	33.23
4	44302 ICO	Boas, Michael Joel	38	*FL	38.25	36.46
---	02938 IBZ	Wong, Lit Ken	37	DWA	NT	SCR

Event 3 Men 40-44 50 LC Meter Backstroke**MSR: 29.16 M**

1	49497 @ICO	Macceod, Andrew Ian	44	LRC	35.51	35.49
2	40107 IAZ	Chan, Falcon	44	LTS	40.00	38.02
3	35790 ICO	Launay, Thomas	44	LRC	38.06	38.20
4	40841 IAX	Tsang, Kwok Tung	44	#DB	41.00	39.27
5	03796 ICZ	Chan, Pui Kei	42	NWC	41.00	40.82
6	49027 IAZ	Ng, Fung Kei	43	SFC	43.00	42.34
7	18880 IAZ	Chan, Ho Wai Howard	42	SYS	50.00	42.91
8	50090 @IAO	Motoyama, Taichiro	43	PSC	45.26	44.85
9	03793 ICZ	Po, Tik San	41	NWC	45.00	46.16
10	23119 IAZ	Chan, Ying Tsung Bosco	42	SFC	1:05.00	1:10.79
---	01948 ICZ	Tang, Ho Yuen	41	#DB	41.00	SCR

Event 3 Men 45-49 50 LC Meter Backstroke**MSR: 30.37 M**

1	27471 ICO	Nortje, Craig Andrew	45	#FB	36.00	30.93
2	11569	Wong, Lok Shun	46	FFA	42.00	45.21
3	24603 IAZ	Hung, Ka Ming	48	YMC	45.00	45.47
4	39987 @^P	Chu, Tong Man	47	SFC	39.00	49.27
---	50881 @^IM	Liang, Huajiu	48	NWC	36.00	SCR
---	26077 IAZ	Tsui, Chun Wai	46	HKP	50.02	SCR
---	47461 IAZ	Tse, Ka Fai	49	NWC	1:00.00	SCR

Event 3 Men 50-54 50 LC Meter Backstroke**MSR: 30.97 M**

1	06711	Leung, Tsz Kin	51	NWC	37.01	37.76
2	27451 IAZ	Yip, Kin Man Stephen	53	KTS	38.00	38.33
3	35849 IAX	Ku, Kin Hing	50	HFS	47.00	44.92
4	06310	Chan, Fung Sun	50	KTS	39.00	46.06
5	35711 IAX	Wong, Fuk Kei	54	SFC	55.00	56.62

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****(Event 3 Men 50-54 50 LC Meter Backstroke)**

---		Chua, Anthony	54	VAS	47.57	X47.12
---	43969 @^IM	Liu, Wei	54	NWC	55.00	NS
---	48285 IAZ	Wan, Hong Yin Edmund	52	#FB	46.00	SCR
---	30710 IAZ	Lai, Kin Sun	53	FFA	38.36	SCR

Event 3 Men 55-59 50 LC Meter Backstroke**MSR: 32.57 M**

1	43201 @^IM	Zhang, Wei Wen	56	SFC	36.00	35.57
2	41548 IAZ	Ip, Ka Keung Patrick	55	#FB	40.00	40.05
3	21736 IAM	Lo, Lai Tou	55	SFC	51.00	42.88
4	43144	Xiao, Donghong	57	NWC	42.00	43.12
5	05139	Lin, Fulong	56	FFA	43.08	44.52
6	39982 IAZ	Chow, Wing Chun	59	SFC	46.00	46.54
7	22433 IAZ	Lui, Man Pong	58	NWC	45.00	46.75
8	43970 @^IM	Liang, Zhiwen	57	NWC	55.00	49.17
---	40840 IAZ	Ng, Ka Yiu Karl	59	#DB	49.00	SCR

Event 3 Men 60-64 50 LC Meter Backstroke**MSR: 33.94 M**

1	50482 @^IM	Chen, Heqiang	60	SFC	40.00	38.90
2	27460 IAZ	Chan, Ying Chiu Johnson	60	LTS	39.80	41.11
3	51228 @^IM	Cui, Xiaobin	60	SFC	42.00	44.78
4	21023 IAZ	Ho, Kwong Ngai Eric	60	SFC	45.00	45.02
5	32108 IAX	Chan, Kiu	61	SFC	50.00	53.82
6	07802	Chau, Kam Tim	63	SGC	59.00	58.98
---	25226 IAZ	Choi, Tai Wing	62	SFC	55.00	SCR

Event 3 Men 65-69 50 LC Meter Backstroke**MSR: 35.70 M**

1	03215 IAZ	Leung, Yiu Chuen	65	SYS	40.92	40.34
2	49915 @IAX	Tai, Yu Chung	65	NWC	45.00	41.35
3	43953 @^IM	Guan, Nanqun	67	NWC	55.00	47.61
4	06281	Fung, Kam Tai	68	SFC	50.00	47.87
5	06187	Kan, Kai Kwong	68	SGC	51.00	48.87
6	43205	Zhou, Jin Jia	68	SFC	46.00	49.85
7	41739 IAZ	Ng, Chin Wing	68	SGC	51.00	50.31
8	26318	Suen, Chi Wing	69	SFC	51.00	53.42
9	43971 IAX	Lau, Kwok Ming	66	NWC	50.00	54.06
---	06388	Lau, Man Kin	69	SFC	48.00	SCR
---	14555 @IAX	Tang, Kon Leong	67	SFC	45.00	SCR

Event 3 Men 70-74 50 LC Meter Backstroke**MSR: 37.82 M**

1	06398	Cho, Wai Sun	70	*FL	43.00	45.63
2	20634 IAZ	Wu, Shu Sun	73	NWC	50.00	48.60
3	06124	Szeto, Kwan Yin	70	NWC	55.00	49.16
4	06192	Chu, Shui Yi	72	SGC	58.00	53.33
5	23123 IAZ	Poon, Wai	71	SFC	54.00	1:14.16
6	11563	Lee, Kwok Hung	70	SFC	1:20.00	1:21.17

Event 3 Men 75-79 50 LC Meter Backstroke**MSR: 38.96 M**

1	03845	Tin, Sheung Kwai	76	NWC	58.00	38.56 M
2	44756 IAZ	Lo, Che Hung	75	LTS	50.00	53.80
3	44793 IAZ	Iu, Pui To	76	#DB	1:15.00	1:00.08
---	06274	Wong, Yau Chuen	77	SFC	1:00.00	SCR

2324 Long Course MS Swi Competition Part 3 - 18/06/2023

Results

(Event 3 Men 75-79 50 LC Meter Backstroke)

---	04505	Chan, Kwok Hung	76	HKP	52.40	SCR
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Event 3 Men 80-84 50 LC Meter Backstroke

MSR: 56.40 M

1	38301 IAX	Cheung, Hao Yen	80	LTS	1:11.00	1:21.17
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Event 3 Men 85-89 50 LC Meter Backstroke

MSR: 57.83 M

1	05407	Lee, She Kwok	85	SFC	59.00	59.25
2	15490	Law, Kwai Fong	87	SFC	1:09.00	1:14.08
3	17832 IAX	Chan, Sau	86	SFC	1:08.00	1:32.60
4	16471	Wong, Yuen Ying	87	KRS	1:29.27	1:34.34

Event 4 Women 18-24 50 LC Meter Backstroke

MSR: 31.58 M

1	24111 IAZ	Hung, Cassandra Josephine	19	DLS	NT	37.31
2	27376 IAZ	Lee, Wai Ki	23	KHC	40.00	37.85
3	20969 IAZ	Lui, Wing Lam	21	KTS	39.00	38.55
4	22604 #IAZ	Ng, Yuen Ying	24	KHC	40.00	38.65
5	26980 IAZ	Wong, Suet Wing	24	DWA	40.96	40.78
6	28242 IAZ	Hang, Kwan Tung Ruby	21	DWA	NT	40.98
7	49846 IAZ	Li, Hong Yu Kanas	20	PSC	41.38	43.17
---	50384 IAZ	Hao, Chaohui Suzukitomo	18	CUC	53.00	SCR
---	17201 B	Tse, Hiu Tung	24	KHC	40.00	SCR

Event 4 Women 25-29 50 LC Meter Backstroke

MSR: 32.98 M

1	09959 #IAZ	Mok, Hoi Man Sheron	28	NWC	35.00	33.09
2	38653 IAZ	Sin, Wai Ting	29	#GD	1:00.00	52.31
---	05769 B	Kot, Chung Ling	29	HKP	36.76	NS

Event 4 Women 30-34 50 LC Meter Backstroke

MSR: 32.81 M

1	50922 @ICO	Hughes, Christine Virginia	32	LRC	35.00	35.06
2	01262	Mau, Lok Yan Eunice	30	CUC	34.15	37.81
3	04674 IAZ	Lee, Hou Yin Dorothy	30	NWC	36.00	40.28
4	50163 IAZ	Yim, Man Ting	34	FFA	49.00	58.11

Event 4 Women 35-39 50 LC Meter Backstroke

MSR: 34.04 M

1	02131	Tsang, Ting Yan Tania	37	LRC	35.98	35.75
2	26745 ICX	Chen, Yangyang	38	LRC	40.13	36.51
3	14023	Wu, Pui Yan Natalie	38	HKP	41.00	45.70
4	47561 IAZ	Leung, Tin Ho	39	FFA	49.00	52.54
5	50839 @^IM	Zhuo, Enqi	39	*TM	NT	53.44
6	13384 ICZ	Lee, May Sze Mei	36	NWC	1:10.00	56.03

Event 4 Women 40-44 50 LC Meter Backstroke

MSR: 34.40 M

1	06304 ICZ	Cheung, Man Yiu	44	SGC	45.00	41.35
2	49442 IAZ	Chan, Yuk Man Phoebe	44	SFC	40.00	41.56
3	02727 ICZ	Lui, Wing Yee	40	HTA	50.00	49.77
4	08977	Ho, Yee Yun Rosalind	44	CUC	45.69	51.96
5	34701 IAZ	Au, Hoi Ying	40	FFA	58.00	1:06.32
---	44676 IAZ	Lam, Sze Wai Jacqueline	43	HJC	45.48	SCR

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****Event 4 Women 45-49 50 LC Meter Backstroke****MSR: 34.79 M**

1	07784 #IAZ	Tang, Mei Yin	46	HKP	40.00	44.45
2	46181 IAZ	Ng, Yan Yan Bandy	47	TSA	1:03.84	55.65
3	45917 @^IM	Huang, Caifang	49	SFC	1:01.00	1:08.22
---	45139 IAZ	Tai, Kwan Yee	46	HFS	46.00	SCR

Event 4 Women 50-54 50 LC Meter Backstroke**MSR: 35.58 M**

1	09870 @ICO	Chong, Yin Szu Adeline	53	*FL	48.00	42.35
2	35772 IAX	Ban, Xianhai	51	NWC	1:10.00	49.12
3	47040 @IAX	Zou, Shengling	52	TSA	57.34	55.97
4	06349	Ip, Oi Wa Wendy	51	SFC	1:00.00	58.95
5	43947 @^IM	Xing, Xiaojuan	54	NWC	1:15.00	1:22.06
---	38302 IAZ	Cheung, Man Ling Melody	51	LTS	55.00	SCR
---	36431 @^P	Buchta, Katrin	53	SFC	49.00	SCR

Event 4 Women 55-59 50 LC Meter Backstroke**MSR: 43.15 M**

1	29752 IAZ	Chow, Yee Heung Liza	59	LTS	45.00	47.74
2	50492 @^IM	Guo, Liyan	58	SFC	50.00	48.29
3	12233	Hung, Isabel	57	SFC	57.00	54.26
4	40575 IAO	Chan, San Ngah	55	*FL	57.57	54.57
5	06337	Tse, Yee Wah	57	YMC	55.00	55.62
6	26254 IAX	Ng, Kong Ching	58	NWC	50.00	56.67
7	16303	Rana, Naomi	57	LRC	57.71	59.39
8	44303 IAZ	Lam, Man Lai	57	SFC	1:10.00	1:23.68
---	50509 @^IM	Guan, Xiuqin	56	SFC	54.00	SCR
---	29831 IAZ	Lowe, Yeuk Ling Dilys	59	SFC	1:12.00	SCR

Event 4 Women 60-64 50 LC Meter Backstroke**MSR: 46.26 M**

1	49914 @IAXB	Ng, Yee Man	64	NWC	38.00	44.88M
2	05190	Ho, Wan Sai Rita	61	FFA	49.09	49.77
3	30804 IAON	Yue, Roberta May-wan	60	LRC	55.00	50.35
4	41423 IAZ	Chiu, Pauline	61	TSA	53.00	51.60
5	43974 @^IM	Chang, Jianhua	64	NWC	59.00	57.48
6	22428 IAZ	Lau, Yuk Lin Rocky	61	SGC	50.00	58.72
7	20640 IAZ	Wong, Fung Yee	63	SFC	58.00	1:01.20
8	34668 IAZ	Tang, Pik Ha	63	NWC	1:10.00	1:09.51
---	44442 IAZ	Lai, Fang Ha Shirley	63	HJC	52.00	SCR

Event 4 Women 65-69 50 LC Meter Backstroke**MSR: 42.89 M**

1	03503	Castka, Gillian Hancer	67	SFC	1:00.00	1:02.70
2	43955 @^IM	Cui, Guoning	66	NWC	1:15.00	1:08.03
3	02711	Fok, Wai Fung	65	WDS	1:10.00	1:08.55
4	43980	Zhang, Jun	65	NWC	1:20.00	1:09.22
---	49428 IAX	Leong, Sao Fan	66	NWC	1:10.00	SCR
---	06355	Lo, Lai Yung	68	NWC	1:10.00	SCR

Event 4 Women 70-74 50 LC Meter Backstroke**MSR: 44.75 M**

1	39357 @^P	Mak, Sok Iun	73	SFC	1:11.00	1:05.31
2	07440	Yip, Lai Kuen	72	LTS	1:14.00	1:13.38
3	06212	Lo, Yeuk Shuen	74	WDS	1:30.00	1:25.40
---	22852 ICX	Bai, Xiufen	72	SFC	45.00	SCR

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****Event 4 Women 75-79 50 LC Meter Backstroke****MSR: 55.07 M**

1	39991 IAS	Sam, Choi Lin	75	SFC	1:02.00	1:06.03
2	17480 IAZ	Chow, Pui Han Angela	77	LTS	1:14.00	1:10.69
3	32571 IAZ	Chan, Pui Yee	79	SFC	1:20.00	1:14.16

Event 4 Women 80-84 50 LC Meter Backstroke**MSR: 53.45 M**

1	06374	Wong, Jim	82	SFC	1:10.00	1:11.57
2	06372 IAZ	Leung, Mabel Yuen Ying	81	SFC	1:22.00	1:23.16
3	13262	Kwong, Shuet Hing	83	WDS	1:43.08	1:40.62

Event 4 Women 85-89 50 LC Meter Backstroke

1	06144	Mak, Suet Man	86	SGC	1:11.00	1:41.42
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Event 5 Men 18-24 100 LC Meter Freestyle**MSR: 54.18 M**

1	29508 IAZ	Tsang, Pak Ho	20	THS	59.00	55.47
2	17615 IAZ	Kong, Man Pok	23	THS	59.10	59.49
3	30694 IAZ	Cheung, Chi Kit Nicholas	18	WDS	1:05.00	1:00.54
4	29520 IAZ	Chui, Yu Hin	23	PSC	1:40.00	1:01.46
5	25611 B	Chu, Kin Shing	19	*CY	1:00.99	1:02.05
6	23031 IAZ	Lam, Man Hin Andrew	22	PSC	1:40.00	1:02.93
7	25258 IAZ	Chik, Shun Hei	22	CUC	1:40.00	1:05.43
8	37171 #IAZ	Wong, Wai Cheung	18	CUC	1:07.07	1:06.33
9	40140 IAZ	Li, Wing Yin	19	*CY	1:00.99	1:06.68
10	15351 IAZ	Chang, Jaw Ting	22	PSC	1:40.00	1:07.23
11	27703 #IAZ	Chan, Ming Chi	23	HKP	1:06.00	1:07.78
12	40782 IAZ	Chan, Ho Long	18	CUC	1:04.23	1:09.13
13	38369 P	Seo, Ayden Lee Taejun	18	CUC	1:12.12	1:21.44
---	38234 IAZ	Kwok, King Him	18	CUC	1:10.61	NS

Event 5 Men 25-29 100 LC Meter Freestyle**MSR: 54.16 M**

1	09964 IAZ	Lau, Chak Lam Nicholas	28	#DB	58.00	58.30
2	23365 IAZ	Chan, Wai Kwan	25	THS	59.00	59.14
3	28300 IAZ	Luk, Ho Man	27	THS	59.10	1:00.30
4	04683	Au, Ching Hong	29	HKP	1:10.00	1:02.07
5	05695 #IBZ	Wu, Tsz Fung	29	SFC	1:10.00	1:02.74
6	23695 IAZ	Lee, Michael Le Jin	28	CUC	1:05.04	1:06.57

Event 5 Men 30-34 100 LC Meter Freestyle**MSR: 56.01 M**

1	06092 IAZ	Ng, Yan Ho	33	HKP	1:05.00	1:01.16
2	14158 #IAZ	Li, Hok Yee Terence	30	NWC	1:00.00	1:02.62
3	10683 IBZ	Lee, Tsun Sang	31	#GD	1:08.00	1:03.13
4	06886 B	Li, Chin Long	33	EWS	1:03.95	1:03.25
5	03978	Lau, Chun Sing	31	HMA	1:40.00	1:03.26
6	12001 IB	Li, Chung Yin	30	HKP	1:02.95	1:03.70
7	50444 @ICO	Watanabe, Yuhei	30	*FL	1:05.50	1:05.53
8	43276 ICO	Gattegno, Julien	31	*FL	1:06.50	1:05.92
9	10686	Chan, Ching	32	#GD	1:10.00	1:12.89
10	48637 IAZ	Leung, Shu Wing	30	NWC	1:25.00	1:17.45
11	49951 IAZ	Fung, Chi Wing Ryan	31	PSC	1:40.00	1:24.55
12	51281 IAZ	Hui, Ka Yin	30	LTS	1:30.00	1:29.79
---	02021 IBZ	Chow, Man Ho	33	KHC	1:00.00	SCR
---	37418 IAZ	Chu, Fuk Yu Anthony	33	KHC	1:00.00	SCR

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****(Event 5 Men 30-34 100 LC Meter Freestyle)**

---	09319 IBZ	Chan, Chun Wing	31	NWC	1:05.00	SCR
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Event 5 Men 35-39 100 LC Meter Freestyle**MSR: 56.13 M**

1	51101 @IC0	Smit, Marcel Pieter Arnold	36	*FL	56.00	56.55
2	47580 @IA0	Poon, Derrick Gene-ming	35	*FL	58.57	57.55
3	22420 IAZ	Chan, Chi Ming	37	KTS	1:00.00	1:01.58
4	00444	Lam, Yau Sun Dickson	38	#DB	1:03.00	1:03.19
5	44302 IC0	Boas, Michael Joel	38	*FL	1:04.74	1:03.45
6	51246 @^IM	Zhang, Wei	35	NWC	1:05.00	1:03.99
7	03713 IBZ	Tang, Chee Kit	37	#DB	1:08.00	1:07.15
8	38441 IC0	Davis, Shane Joseph	37	#FB	1:08.00	1:07.69
9	03717 IBZ	Yeung, Ka Ho	36	DWA	1:40.00	1:08.15
10	32424 IAZ	Law, Tin Yiu	38	HKP	1:12.00	1:12.87
11	48667 @IR0	Wong, Dominic Clayton Joe	35	*FL	1:13.00	1:15.73
12	48051 @IA0	Lacotte, Hugues	35	*FL	1:15.00	1:16.79
13	09143 #ICZ	Chow, Wang Kei	39	NWC	1:22.00	1:28.91
---	41147 IAZ	Mok, Lai Yeung Jason	39	#DB	1:10.00	SCR
---	28529 IA0	Wright, Henry Thomas	36	BSC	1:02.00	SCR
---	03017 ICZ	Chan, Yau Chuen	37	HKP	1:05.00	SCR
---	02938 IBZ	Wong, Lit Ken	37	DWA	1:40.00	SCR
---	50508 @^IM	Zhong, Zhiming	38	SFC	1:14.00	SCR
---	27874 IAZ	Chan, Cheuk Man	35	NWC	1:00.00	SCR

Event 5 Men 40-44 100 LC Meter Freestyle**MSR: 56.60 M**

1	49497 @IC0	Macceod, Andrew Ian	44	LRC	1:04.52	1:04.06
2	50180 @IA0	Ong, Chi Tuan	41	LRC	1:08.21	1:04.44
3	03409	Ho, Kin Kan Adrian	40	BSC	1:01.12	1:06.64
4	40107 IAZ	Chan, Falcon	44	LTS	1:12.00	1:08.57
5	03796 ICZ	Chan, Pui Kei	42	NWC	1:10.00	1:09.81
6	09165	Cheung, Siu Fung	40	LTS	1:08.00	1:10.81
7	18880 IAZ	Chan, Ho Wai Howard	42	SYS	1:20.00	1:15.49
8	38035 IAZ	Mok, Kin Fan	43	THS	1:45.00	1:29.52
---	42222 IAZ	Yick, Tsip Lam	40	SFC	1:11.00	SCR
---	43952	Hao, Wanyun	44	NWC	1:28.00	SCR
---	01948 ICZ	Tang, Ho Yuen	41	#DB	1:21.00	SCR

Event 5 Men 45-49 100 LC Meter Freestyle**MSR: 59.62 M**

1	27471 IC0	Nortje, Craig Andrew	45	#FB	58.00	57.84 M
2	46165 @IC0	Waters, Andrew Allan	49	AVO	1:55.00	1:05.28
3	28849 IAZ	Chan, Chun Kuen	48	SFC	1:07.00	1:06.73
4	46505 IAZ	Chang, Lambert Jen Hsiung	48	*FL	1:08.00	1:06.90
5	51233 @^IM	Ou, Enjian	49	SFC	1:08.00	1:09.78
6	02366	Li, Ka Wing	49	KTS	1:10.00	1:12.06
7	44312 @^IM	Ma, Hui	48	NWC	1:20.00	1:13.39
8	51100 IA0	Loo, Kevin Lester	45	*FL	1:20.00	1:15.18
9	11569	Wong, Lok Shun	46	FFA	1:13.46	1:15.21
10	42737 IAZ	So, Ma Loi	47	SFC	1:15.00	1:16.05
11	16451	Cheng, Ngai Bun	45	KTS	1:10.00	1:16.94
12	43949 @^IM	Yang, Zhipeng	47	NWC	1:25.00	1:18.16
13	49489 IAZN	Grabner, Heinrich	49	#FB	1:15.00	1:18.19
14	40925 IAZ	Chan, Kam Hang	45	#GD	1:30.00	1:21.44
15	39987 @^P	Chu, Tong Man	47	SFC	1:17.00	1:21.50

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Results

(Event 5 Men 45-49 100 LC Meter Freestyle)

16	41887 IAZ	Woo, Cheuk Yiu Jeffrey	48	YMC	1:50.00	1:22.66
17	40835 IAZ	Leung, Wing Hong Alvin	49	#DB	1:30.00	1:25.16
18	51247 @^IM	Ding, Kai	47	NWC	1:24.00	1:26.68
19	06227	Wong, Kam Tat	49	SGC	1:00.00	2:04.89
---	37671 @ICO	Stamenovic, Ivan	47	LRC	1:00.16	NS
---	47461 IAZ	Tse, Ka Fai	49	NWC	1:55.00	SCR
---	04238	Woo, Chun Kuen Douglas	45	LRC	58.63	SCR
---	51192 IAZ	Lo, Yui Man	46	FFA	1:16.00	SCR

Event 5 Men 50-54 100 LC Meter Freestyle

MSR: 58.29 M

1	09558 IAO	Li, Kai Yien Authur	51	#FB	1:01.00	59.84
2	27451 IAZ	Yip, Kin Man Stephen	53	KTS	1:12.00	1:08.39
3	33179 IAX	Chu, Lui	51	#FB	1:03.00	1:09.16
4	27868 IAZ	Chan, Chi Wah Ringo	51	SFC	1:15.00	1:11.24
5	06310	Chan, Fung Sun	50	KTS	1:13.00	1:17.83
6	24606 IAZ	Tsang, Hin Lap	52	FFA	1:16.00	1:20.45
7	42085 IAZ	Lee, Hon Lun Philip	51	SFC	1:30.00	1:22.84
8	17701 IAZ	Lee, Chor Fu	54	WDS	1:31.00	1:27.49
9	51230 @^IM	Zhou, Qingping	54	SFC	1:20.00	1:30.63
10	35711 IAX	Wong, Fuk Kei	54	SFC	1:40.00	1:37.65
---	10264 #	Faiola, Jeff Alan	52	HIS	1:01.27	NS
---	43969 @^IM	Liu, Wei	54	NWC	1:40.00	NS
---	07427	Wong, Ho Ming Edwin	54	BSC	1:19.85	SCR
---	48285 IAZ	Wan, Hong Yin Edmund	52	#FB	1:08.00	SCR

Event 5 Men 55-59 100 LC Meter Freestyle

MSR: 1:03.62 M

1	32253 #IAZ	Watt, Kam Sing Michael	56	*FL	1:09.00	1:11.92
2	24602 IAZ	Li, Ka Wing Peter	58	SGC	1:38.00	1:15.04
3	27470 IAZ	Chan, Tin Hung	55	HKP	1:20.00	1:15.61
4	50903 @ICO	Baldovino, Lorenzo	56	PSC	1:55.00	1:22.12
5	22433 IAZ	Lui, Man Pong	58	NWC	1:35.00	1:22.74
6	44678 IAZ	Hung, Tin Wai Robert	57	PSC	1:55.00	1:25.54
7	26594 IAZ	Ching, Wai Kin	59	SFC	1:19.98	1:27.12
8	39982 IAZ	Chow, Wing Chun	59	SFC	1:23.00	1:28.44
---	40840 IAZ	Ng, Ka Yiu Karl	59	#DB	1:36.00	SCR

Event 5 Men 60-64 100 LC Meter Freestyle

MSR: 1:04.39 M

1	43529 IAX	Ng, Wai Fung	60	SFC	1:06.00	1:05.96
2	05191	Koo, Yu Fat Marcus	61	FFA	1:08.00	1:09.35
*3	06256	Chan, Kwong Peter	62	SGC	1:10.00	1:11.65
*3	50482 @^IM	Chen, Heqiang	60	SFC	1:10.00	1:11.65
5	15528	Tsui, Tak Shing Dominic	61	*FL	1:12.00	1:16.53
6	16470	Sha, Yu Kwan	60	KRS	1:16.09	1:17.01
7	37048 IAZ	Cheung, Wai Chuen Jimmy	60	SFC	1:26.00	1:19.42
8	50485 @^IM	Chen, Shuquan	60	SFC	1:20.00	1:19.63
9	41007 IAZ	So, Man Sing	62	SGC	1:12.00	1:23.58
10	21023 IAZ	Ho, Kwong Ngai Eric	60	SFC	1:25.00	1:24.21
11	32108 IAX	Chan, Kiu	61	SFC	1:30.00	1:24.59
12	51228 @^IM	Cui, Xiaobin	60	SFC	1:22.00	1:26.67
13	40861 IAZ	Cheung, Chi Ming Rover	60	SFC	1:30.00	1:27.11
14	13979	Lee, Sing Tim	62	LTS	1:30.00	1:28.81
15	43959 IAX	Li, Yuan	60	NWC	1:40.00	1:32.53

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Results

(Event 5 Men 60-64 100 LC Meter Freestyle)

16	50511 @^IM	Ye, Huanliang	60	SFC	1:38.00	1:35.10
17	44359 IAZ	Lee, Chi Wai	64	KRS	2:10.00	2:06.32
---	06336	Tse, Siu Kin	61	SFC	1:20.00	SCR

Event 5 Men 65-69 100 LC Meter Freestyle**MSR: 1:08.31 M**

1	45199 IAZ	Fok, Siu Por	65	JHC	1:24.04	1:23.74
2	05071	Choi, Tony	65	LRC	1:22.40	1:27.28
3	43971 IAX	Lau, Kwok Ming	66	NWC	1:40.00	1:30.03
4	43953 @^IM	Guan, Nanqun	67	NWC	1:45.00	1:38.43
5	26318	Suen, Chi Wing	69	SFC	1:45.00	1:39.48
6	41739 IAZ	Ng, Chin Wing	68	SGC	1:39.00	1:40.71
7	06281	Fung, Kam Tai	68	SFC	1:32.00	1:46.56

Event 5 Men 70-74 100 LC Meter Freestyle**MSR: 1:13.75 M**

1	06268	Tse, Kwok Piu	72	SFC	1:18.00	1:13.84
2	51227 @^IM	Liang, Shuntian	74	SFC	1:10.00	1:14.06
3	50503 @^IM	Feng, Bingkun	72	SFC	1:35.00	1:26.86
4	43979	Qi, Songhe	74	NWC	1:30.00	1:30.55
5	06389	Chan, Hong Wah	70	NWC	1:50.00	1:35.13
6	41729 IAZ	Ko, Leung Hung Alex	71	#DB	1:51.00	1:45.87
7	11563	Lee, Kwok Hung	70	SFC	2:10.00	1:54.41
8	23123 IAZ	Poon, Wai	71	SFC	1:49.00	2:12.88
---	33115 IAX	Ng, Kan Sing	70	SFC	1:40.00	SCR

Event 5 Men 75-79 100 LC Meter Freestyle**MSR: 1:23.46 M**

1	44756 IAZ	Lo, Che Hung	75	LTS	1:40.00	1:37.75
2	09171	Chan, Ying Chi	77	SFC	2:10.00	2:05.65
---	06274	Wong, Yau Chuen	77	SFC	1:58.00	SCR
---	04505	Chan, Kwok Hung	76	HKP	1:50.00	SCR
---	10274	Lau, Chun Nung	77	LTS	2:00.00	SCR

Event 5 Men 80-84 100 LC Meter Freestyle**MSR: 1:38.42 M**

---	38301 IAX	Cheung, Hao Yen	80	LTS	2:10.00	NS
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Event 5 Men 85-89 100 LC Meter Freestyle**MSR: 1:49.14 M**

1	05407	Lee, She Kwok	85	SFC	2:10.00	2:06.10
2	17832 IAX	Chan, Sau	86	SFC	2:10.00	2:25.13
3	15490	Law, Kwai Fong	87	SFC	2:10.00	2:29.28

Event 6 Women 18-24 100 LC Meter Freestyle**MSR: 1:02.73 M**

1	21953 B	Chan, Tsz Ching	23	*FL	1:02.00	1:00.51 M
2	22061 IAZ	Hung, Devina Catherine	20	DLS	1:50.00	1:01.96 M
3	23105 IAZ	Ho, Cheuk Wai	22	DWA	1:05.29	1:05.05
4	18028 B	Leung, Ho Ching	24	*FL	1:06.50	1:05.51
5	31549 IAZ	Wong, Choi Wan Phoebe	21	PSC	1:40.00	1:08.29
6	31444 #IAX	Tang, Hiu Tung	22	PSC	1:40.00	1:08.40
7	27376 IAZ	Lee, Wai Ki	23	KHC	1:20.00	1:09.43
8	18489 B	Ng, Sin Yu	22	KHC	1:20.00	1:09.61
9	24111 IAZ	Hung, Cassandra Josephine	19	DLS	1:50.00	1:10.40
10	26980 IAZ	Wong, Suet Wing	24	DWA	1:08.73	1:11.24

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11	22604 #IAZ	Ng, Yuen Ying	24	KHC	1:20.00	1:12.32
12	24555 IAO	Ho, Nicola Gabrielle	24	*FL	1:12.00	1:14.91
13	28242 IAZ	Hang, Kwan Tung Ruby	21	DWA	1:50.00	1:18.07
14	37318 IAO	Chio, Yi Lan	20	DWA	1:50.00	1:18.24
15	49846 IAZ	Li, Hong Yu Kanas	20	PSC	1:50.00	1:19.83
16	20969 IAZ	Lui, Wing Lam	21	KTS	1:15.00	1:20.51
17	49847 IAZ	Li, Ka Yu Karen	21	PSC	1:50.00	1:21.44
---	50384 IAZ	Hao, Chaohui Suzukitomoe	18	CUC	1:40.00	SCR
---	50379 @^ICO	Kuai, Wen	24	KTS	1:16.00	SCR

Event 6 Women 25-29 100 LC Meter Freestyle**MSR: 1:01.02 M**

1	09959 #IAZ	Mok, Hoi Man Sheron	28	NWC	1:50.00	1:01.79
2	11864 B	Chow, Tsz Hei	26	#CR	1:04.00	1:03.36
3	46331 @ICO	Brueck, Hannah Madeleine	27	*FL	1:08.00	1:09.36
4	15442 IBZ	Cheong, Ka Ching	29	*FL	1:15.00	1:15.59
5	20401 IAZ	Leung, Wan Ki	25	KHC	1:30.00	1:20.21
6	38653 IAZ	Sin, Wai Ting	29	#GD	1:48.00	1:32.72

Event 6 Women 30-34 100 LC Meter Freestyle**MSR: 1:02.12 M**

1	01655 IB	Zhang, Xiao Tong Isabella	34	*FL	1:02.65	1:02.07 M
2	50922 @ICO	Hughes, Christine Virginia	32	LRC	1:08.00	1:05.28
3	01262	Mau, Lok Yan Eunice	30	CUC	1:04.17	1:08.65
4	04674 IAZ	Lee, Hou Yin Dorothy	30	NWC	1:15.00	1:21.19
5	47086 @ICX	Miao, Amy	34	BSC	1:18.00	1:23.73
6	01271 IAZ	Lo, Yan Yin	31	CUC	1:20.00	1:26.79
---	51249 @^IM	Liu, Juan	34	NWC	1:30.00	SCR

Event 6 Women 35-39 100 LC Meter Freestyle**MSR: 1:01.54 M**

1	00288 IBZ	Yip, Wing Yan	35	DWA	1:03.14	1:03.06
2	02685 ICZ	Master, Farah Jimmy	38	#FB	1:05.00	1:06.56
3	26745 ICX	Chen, Yangyang	38	LRC	1:15.00	1:09.44
4	14023	Wu, Pui Yan Natalie	38	HKP	1:29.23	1:23.15
5	43390 ICO	Wong, Sook Leng	35	HFS	1:35.00	1:29.02
6	50839 @^IM	Zhuo, Enqi	39	*TM	1:27.00	1:30.81
7	47561 IAZ	Leung, Tin Ho	39	FFA	1:40.00	1:35.89
---	07651 IBZ	Yu, Sze Wai Joyce	35	HKP	1:17.64	SCR

Event 6 Women 40-44 100 LC Meter Freestyle**MSR: 1:01.45 M**

1	43972 @^IM	Liu, Bei	42	NWC	1:25.00	1:17.80
2	50497 @^IM	Ye, Fengwei	43	SFC	1:25.00	1:26.04
3	08977	Ho, Yee Yun Rosalind	44	CUC	1:40.00	1:30.45
4	30072 ICW	Chao, Man Chi	44	NWC	2:00.00	1:33.47
5	47299 IAZ	Kwok, Sum Lan	40	HFS	1:20.00	1:44.26
6	50515 IAZ	Cheung, Hiu Yan	41	SFC	1:50.00	1:44.75
7	34701 IAZ	Au, Hoi Ying	40	FFA	1:45.00	1:53.03
---	38440 ICO	Eichelberger, Melissa Ann	40	*FL	1:08.00	SCR

Event 6 Women 45-49 100 LC Meter Freestyle**MSR: 1:07.17 M**

1	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	1:02.37	1:04.87 M
2	33036 ICO	Coleman, Claire Michelle	45	*FL	1:10.00	1:12.50
3	07784 #IAZ	Tang, Mei Yin	46	HKP	1:14.00	1:24.81

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(Event 6 Women 45-49 100 LC Meter Freestyle)

4	43157 @ICO	Lee, Chew Ling	46	LRC	1:28.80	1:33.91
5	45917 @^IM	Huang, Caifang	49	SFC	1:58.00	2:12.74

Event 6 Women 50-54 100 LC Meter Freestyle

MSR: 1:06.58 M

1	33517 IAO	Yamaguchi, Mika	51	*FL	1:06.19	1:07.47
2	50110 IAZ	Chow, Yin Wei Nora	51	NWC	1:28.00	1:22.63
3	35969 IAX	Wang, Ying Lian	51	TSA	1:30.00	1:31.56
4	47040 @IAX	Zou, Shengling	52	TSA	1:43.57	1:38.11
5	40912 IAZ	Ng, Yee Ling	52	THS	1:50.00	1:45.98
6	48393 IAZ	Leung, Lin Pik Stella	52	HFS	1:40.00	1:54.82
7	43063 @IAO	Wong, Rose	53	LRC	2:05.00	1:58.27
8	43961 @^IM	Li, Bingshi	51	NWC	1:56.00	2:13.56
9	51135 IAX	Tau, Ling Ling	54	PSC	2:05.00	2:15.43
---	38295 IAZ	Liu, Wai Fun	53	BSC	1:31.38	NS
---	36431 @^P	Buchta, Katrin	53	SFC	1:30.00	SCR
---	43957 @^IM	Lu, Mei	51	NWC	1:50.00	SCR
---	44304 IAX	Choi, Shan Shan	51	SFC	2:05.00	SCR

Event 6 Women 55-59 100 LC Meter Freestyle

MSR: 1:14.96 M

1	12894	Lee, Wai Yee Stella	57	HFS	1:30.00	1:27.12
2	36045 IAZN	Hsu, Ava	56	LRC	1:44.29	1:38.93
3	40575 IAO	Chan, San Ngah	55	*FL	1:48.00	1:41.39
4	12233	Hung, Isabel	57	SFC	1:57.00	1:46.12
5	38289 IAZ	Ng, Wai Lin Angie	59	SFC	2:05.00	1:51.13
6	43962 @^IM	Pan, Lijian	58	NWC	1:56.00	1:59.04
7	50893 @^P	Niu, Zili	59	NWC	2:00.00	2:08.66
8	41911 IAZN	Ng, Kit Man Joanna	58	NWC	2:05.00	2:28.53
9	44303 IAZ	Lam, Man Lai	57	SFC	1:48.00	2:40.32
---	50509 @^IM	Guan, Xiuqin	56	SFC	1:40.00	SCR

Event 6 Women 60-64 100 LC Meter Freestyle

MSR: 1:22.04 M

1	43974 @^IM	Chang, Jianhua	64	NWC	1:40.00	1:39.98
2	43595	Ao, Wai Lan	61	SFC	1:45.00	1:45.77
3	31750 IAZ	Cheung, Lai Ying Anita	60	LTS	1:53.00	1:49.66
4	20640 IAZ	Wong, Fung Yee	63	SFC	1:55.00	1:56.81
---	36225 IAX	Li, Wai Kam	61	SGC	1:53.00	SCR

Event 6 Women 65-69 100 LC Meter Freestyle

MSR: 1:28.57 M

1	19290 IAX	Tseung, Nga Wah	66	SFC	1:38.00	1:24.63 M
2	03503	Castka, Gillian Hancer	67	SFC	1:37.00	1:38.59
3	43980	Zhang, Jun	65	NWC	1:55.00	2:00.14
4	43955 @^IM	Cui, Guoning	66	NWC	2:00.00	2:36.60
---	06355	Lo, Lai Yung	68	NWC	2:10.00	SCR
---	25237 IAZ	Yu, Chi Seung	65	NWC	2:15.00	SCR

Event 6 Women 70-74 100 LC Meter Freestyle

MSR: 1:39.80 M

1	06147	Leung Wong, Yin Har Hayley	71	SGC	2:20.00	1:47.56
2	46236 IAZ	Fok, Miu Han	70	JHC	2:06.85	2:06.95
3	06212	Lo, Yeuk Shuen	74	WDS	2:20.00	2:15.54
---	50480 @^ICX	Lam, Lai Mui	72	SFC	2:20.00	SCR

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Event 6 Women 75-79 100 LC Meter Freestyle

MSR: 1:54.16 M

1	39991 IAS	Sam, Choi Lin	75	SFC	2:01.00	1:52.94 M
2	06357	Suen, Ming Chu	75	SFC	2:20.00	1:59.63
3	02365	Chow, So Kam	78	KTS	2:20.00	2:10.45

Event 6 Women 80-84 100 LC Meter Freestyle

MSR: 2:10.64 M

1	06372 IAZ	Leung, Mabel Yuen Ying	81	SFC	2:13.00	2:11.76
2	13262	Kwong, Shuet Hing	83	WDS	2:20.00	3:07.70

Event 6 Women 85-89 100 LC Meter Freestyle

1	06144	Mak, Suet Man	86	SGC	2:15.00	2:39.00
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Event 7 Men 100-119 4x50 LC Meter Freestyle Relay

MSR: 1:36.96 M

1	Hong Kong Police Swimming	A	1:56.46	1:51.42
2	Sword Fish Club	A	2:15.00	1:51.73
3	New Water Polo Club	A	NT	2:00.06
---	Diocesan School Old Boys' As	A	NT	SCR

Event 7 Men 120-159 4x50 LC Meter Freestyle Relay

MSR: 1:40.03 M

1	Diocesan School Old Boys' As	A	NT	1:46.04
2	Fastlane Swimming	A	NT	1:47.74
3	Hong Kong Police Swimming	A	1:57.03	1:51.59
4	New Water Polo Club	A	NT	1:53.27
5	HK Flying Fish Athletic Assn	A	NT	1:57.14
---	Sword Fish Club	A	2:15.00	SCR
---	Kwan Hung Swimming Club	A	1:45.00	SCR
---	Kwun Tong Swimming Club	A	NT	SCR

Event 7 Men 160-199 4x50 LC Meter Freestyle Relay

MSR: 1:41.91 M

1	Hong Kong Football Club	A	NT	1:52.16
2	Ladies' Recreation Club	A	NT	1:52.90
3	Kwun Tong Swimming Club	A	NT	1:55.77
4	Sword Fish Club	A	2:30.00	1:56.71
5	Diocesan School Old Boys' As	A	NT	2:02.19
6	Hong Kong Police Swimming	A	2:10.00	2:02.39
7	Sun Yip Swimming Club	A	2:10.00	2:06.10
8	HK Flying Fish Athletic Assn	A	NT	2:13.36
9	Hoi Fung Swimming Club	A	2:18.23	2:17.22
10	New Water Polo Club	A	NT	2:21.66
---	Fastlane Swimming	A	NT	NS

Event 7 Men 200-239 4x50 LC Meter Freestyle Relay

MSR: 1:52.52 M

1	Hong Kong Football Club	A	NT	1:54.54
2	Fastlane Swimming	A	NT	2:07.73
3	Hong Kong Police Swimming	A	2:14.46	2:11.43
4	HK Flying Fish Athletic Assn	A	NT	2:15.48
5	Lai Tsun Swimming Society	A	NT	2:17.57
6	New Water Polo Club	A	NT	2:18.21
7	Sword Fish Club	A	2:45.00	2:20.18
8	Hoi Fung Swimming Club	A	2:25.23	2:22.41
---	Ladies' Recreation Club	A	NT	NS

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****(Event 7 Men 200-239 4x50 LC Meter Freestyle Relay)**

---	Diocesan School Old Boys' As	A	NT	SCR
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Event 7 Men 240-279 4x50 LC Meter Freestyle Relay**MSR: 2:02.09 M**

1	Sword Fish Club	A	3:00.00	2:02.61
2	New Water Polo Club	A	NT	2:03.08
3	Sea Green Swimming & L.S. C	A	NT	2:11.24
---	Diocesan School Old Boys' As	A	NT	SCR
---	Lai Tsun Swimming Society	A	NT	SCR

Event 7 Men 280-319 4x50 LC Meter Freestyle Relay**MSR: 2:18.05 M**

1	Sword Fish Club	A	3:30.00	2:25.95
2	New Water Polo Club	A	NT	2:34.64
3	Lai Tsun Swimming Society	A	NT	3:00.01
4	Diocesan School Old Boys' As	A	NT	3:18.63

Event 7 Men 320-359 4x50 LC Meter Freestyle Relay**MSR: 3:09.80 M**

1	Sword Fish Club	A	4:15.00	4:25.31
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Event 8 Women 100-119 4x50 LC Meter Freestyle Relay**MSR: 1:58.55 M**

1	HK Flying Fish Athletic Assn	A	NT	2:00.60
2	New Water Polo Club	A	NT	2:09.99
---	Sword Fish Club	A	2:30.00	SCR

Event 8 Women 120-159 4x50 LC Meter Freestyle Relay**MSR: 1:55.57 M**

1	Fastlane Swimming	A	NT	2:04.16
2	Hong Kong Police Swimming	A	2:17.62	2:17.41
3	Sword Fish Club	A	2:35.00	2:17.59
4	New Water Polo Club	A	NT	2:39.61

Event 8 Women 160-199 4x50 LC Meter Freestyle Relay**MSR: 1:58.32 M**

1	Ladies' Recreation Club	A	NT	2:14.62
2	Hoi Fung Swimming Club	A	2:23.00	2:23.42
3	Hong Kong Police Swimming	A	2:25.00	2:30.79
4	Lai Tsun Swimming Society	A	NT	2:34.24
5	New Water Polo Club	A	NT	3:15.63
---	Fastlane Swimming	A	NT	NS
---	Sword Fish Club	A	2:45.00	SCR

Event 8 Women 200-239 4x50 LC Meter Freestyle Relay**MSR: 2:12.67 M**

1	Ladies' Recreation Club	A	NT	2:37.13
2	Tung Sing Athletic Associatio	A	2:49.86	2:48.86
3	HK Flying Fish Athletic Assn	A	NT	2:50.08
4	Sword Fish Club	A	3:15.00	2:55.14
5	New Water Polo Club	A	NT	2:55.46
6	Hoi Fung Swimming Club	A	3:20.00	3:22.02
---	Fastlane Swimming	A	NT	NS
---	Lai Tsun Swimming Society	A	NT	SCR

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Event 8 Women 240-279 4x50 LC Meter Freestyle Relay

MSR: 2:34.06 M

1	Sword Fish Club	A	3:30.00	2:39.58
2	New Water Polo Club	A	NT	3:30.18

Event 8 Women 280-319 4x50 LC Meter Freestyle Relay

MSR: 2:42.61 M

1	Lai Tsun Swimming Society	A	NT	3:39.06
2	Sword Fish Club	A	3:45.00	3:39.66

Event 9 Men 18-24 50 LC Meter Breaststroke

MSR: 30.47 M

1	30694 IAZ	Cheung, Chi Kit Nicholas	18	WDS	31.00	28.82 M
2	22513 IAZ	Tang, Cheuk Yan	23	KTS	39.00	32.46
3	15390 B	Lau, Yat Fung	24	#DB	36.00	34.86
4	29520 IAZ	Chui, Yu Hin	23	PSC	33.98	36.86
5	15351 IAZ	Chang, Jaw Ting	22	PSC	36.49	37.44
6	27703 #IAZ	Chan, Ming Chi	23	HKP	36.50	38.73
7	40140 IAZ	Li, Wing Yin	19	*CY	36.00	39.81

Event 9 Men 25-29 50 LC Meter Breaststroke

MSR: 30.66 M

1	05577 IBZ	Yuen, Marcus	29	LRC	31.87	31.43
2	05642 IBZ	Lok, Ho Chun	29	HKP	32.04	32.93
3	50989 IAZ	Cheung, Kam Kwan Ronald	28	LRC	32.00	33.34
4	23081 IAZ	Loo, Chun Hei	25	DWA	NT	35.93
5	50507 @^IM	Zhou, Boyang	27	SFC	35.00	37.74
6	47043 IAZ	Lam, Pak Lun	29	FFA	NT	40.08
---	09964 IAZ	Lau, Chak Lam Nicholas	28	#DB	35.00	SCR

Event 9 Men 30-34 50 LC Meter Breaststroke

MSR: 31.11 M

1	42728 P	Febo, Christopher Vincenzo	30	SFC	32.00	31.74
2	01784 B	Tso, Hiu Fung	32	#DB	34.00	33.52
3	02591	Luk, Wing Kin Andy	34	KHC	31.00	33.61
4	10221 IBZ	Tam, Ka Ho Ricky	32	HKP	33.82	33.85
5	09319 IBZ	Chan, Chun Wing	31	NWC	34.99	34.43
6	00385	Cheng, Pong Man Reuben	34	FFA	35.02	35.20
7	04877 IBZ	Ng, Yu Ting	32	SFC	36.81	36.72
8	03312 IAZ	Li, Yun Sing	33	#DB	40.00	36.80
9	50444 @ICO	Watanabe, Yuhei	30	*FL	38.00	36.87
10	14526 IBZ	Ho, Chun Sum Samuel	34	NWC	34.50	36.88
11	14527 IBZ	Ho, Chun Ting Timothy	34	NWC	34.00	38.08
12	00529 B	Wong, Lok Sum	30	KTS	38.00	38.62
13	02040	Yei, Tak Sau	34	FFA	39.68	39.18
14	33387 IAO	Wu, Kenneth Yee Lok	32	SFC	39.00	41.15
15	51281 IAZ	Hui, Ka Yin	30	LTS	45.00	46.88
---	14299 IBZ	Kam, Tsz Ho	32	SFC	35.00	NS
---	01728	Cheung, Wai Lun William	32	#DB	50.00	SCR
---	05854 IAZ	Cho, Wai Ching	32	FFA	39.00	SCR
---	02766 IBZ	Ma, Siu Chun Jason	32	FFA	35.90	SCR

Event 9 Men 35-39 50 LC Meter Breaststroke

MSR: 31.14 M

1	42367 IAO	Chow, Chun Yin	37	#DB	35.00	34.03
2	00091	Chan, Lok Yan	39	NWC	34.00	34.71
3	00099 IAZ	Wong, Cheuk Wai	35	NWC	35.00	37.44

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****(Event 9 Men 35-39 50 LC Meter Breaststroke)**

4	48856 @IAO	Gallearchie, Jeewantha Mad	39	*FL	40.00	37.97
5	27469 IAX	Lam, Kin Wang	38	HKP	39.18	39.43
6	32424 IAZ	Law, Tin Yiu	38	HKP	40.00	40.08
7	42459 IAZ	Sit, Tsing Yui Robert	37	HFS	37.00	40.81
8	48391 IAZ	Ho, Kin Ching	39	HFS	45.00	48.58
---	09136 IAZ	Tsang, Chun Kin	35	NWC	40.00	SCR
---	00314 IBZ	Mok, Hon Hei	35	HKP	34.04	SCR

Event 9 Men 40-44 50 LC Meter Breaststroke**MSR: 33.00 M**

1	35790 ICO	Launay, Thomas	44	LRC	33.35	35.06
2	01465 ICZ	Chiang, Filomeno	41	HKP	35.31	35.55
3	40834 IAZ	Chang, Hsi Tse JosephJeremy	44	#DB	36.00	35.78
4	40558 IAZ	Law, Sai Wo	44	THS	39.00	38.70
5	42708 IAZ	Tang, Wing Chung Jonathan	41	HFS	39.23	39.61
6	08964 IAZ	Yeung, Wai Kam William	40	SYS	38.00	40.90
7	40107 IAZ	Chan, Falcon	44	LTS	42.00	41.24
8	24965 IAZ	Leung, Yuk Ki	43	HKP	39.50	41.40
9	49658 IAZ	Wong, Ming Yeung Anthony	44	LTS	40.00	41.46
10	50090 @IAO	Motoyama, Taichiro	43	PSC	NT	41.95
11	49497 @ICO	Maceod, Andrew Ian	44	LRC	42.14	42.04
12	43948 @^IM	Wang, Shengli	44	NWC	42.00	45.29
13	03793 ICZ	Po, Tik San	41	NWC	50.00	45.69
14	47042 IAZ	Ho, Kin Man	42	SFC	46.00	47.73
---	43952	Hao, Wanyun	44	NWC	42.00	SCR
---	39981 IAZ	Mui, Ho Chuen	43	SFC	38.00	SCR
---	42222 IAZ	Yick, Tsip Lam	40	SFC	43.00	SCR

Event 9 Men 45-49 50 LC Meter Breaststroke**MSR: 32.70 M**

1	05160	Chan, Ka Wo	46	#DB	33.97	34.21
2	51100 IAO	Loo, Kevin Lester	45	*FL	45.00	41.21
3	38958 IAZ	Lai, Yiu Kuen	48	CYM	40.00	41.24
4	42737 IAZ	So, Ma Loi	47	SFC	40.00	41.49
5	11569	Wong, Lok Shun	46	FFA	40.00	41.70
6	16451	Cheng, Ngai Bun	45	KTS	40.00	42.59
7	44312 @^IM	Ma, Hui	48	NWC	42.00	42.88
8	40835 IAZ	Leung, Wing Hong Alvin	49	#DB	44.00	43.29
9	43949 @^IM	Yang, Zhipeng	47	NWC	42.00	46.17
10	51250 @^IM	Li, Tong	49	NWC	59.00	46.86
---	32473 IAZ	Chan, Yiu Chung	46	HKP	39.03	SCR
---	41730 IAO	Hui, Peter	48	#DB	50.00	SCR
---	04238	Woo, Chun Kuen Douglas	45	LRC	39.78	SCR

Event 9 Men 50-54 50 LC Meter Breaststroke**MSR: 34.48 M**

1	21008 IAZ	Cheung, Chun Kwan Michael	50	WDS	40.00	37.21
2	25592 IAZ	Cheung, Wai Kei	51	FFA	38.37	39.03
3	26317 IAZN	Tung, Shang Wei Timothy	53	KTS	39.00	40.74
4	49957 @IAO	Matsuzawa, Atsushi	52	*FL	42.00	41.07
5	27451 IAZ	Yip, Kin Man Stephen	53	KTS	45.00	41.15
6	42085 IAZ	Lee, Hon Lun Philip	51	SFC	45.00	41.81
7	21025 IAX	Yue, Ngai Ho	53	SYS	50.00	42.38
8	06711	Leung, Tsz Kin	51	NWC	39.98	43.28
9	35849 IAX	Ku, Kin Hing	50	HFS	44.00	43.78

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10	26053 IAZ	Wong, Yee Keung	52	FFA	41.53	43.94
11	43158 IAZ	Chan, Tin Lung	54	LTS	45.00	44.85
12	38451 IAZ	Chong, Ming Hing	51	CYM	40.00	51.64
13	43954 @^IM	Gao, Dongyun	53	NWC	54.00	55.15
---	06310	Chan, Fung Sun	50	KTS	44.00	NS
---	42364 IAZ	Lau, Yip Kwong Francis	54	#DB	44.00	SCR
---	03555	Fung, Kim Hung	52	YMC	36.00	SCR

Event 9 Men 55-59 50 LC Meter Breaststroke**MSR: 35.10 M**

1	32253 #IAZ	Watt, Kam Sing Michael	56	*FL	35.00	36.38
2	18856 IAZ	Au, Mun Shing	58	SFC	37.00	37.00
3	21736 IAM	Lo, Lai Tou	55	SFC	48.00	42.01
4	43144	Xiao, Donghong	57	NWC	40.00	43.47
5	40592 IAZ	Fo, Pui Keung	59	HKP	41.52	43.61
6	51283 IAZ	Chan, Shu Hang	59	HFS	42.00	44.04
7	44678 IAZ	Hung, Tin Wai Robert	57	PSC	NT	44.36
8	39982 IAZ	Chow, Wing Chun	59	SFC	46.00	47.10
9	26261 IAZ	Tsun, Chung Wa Jode	59	HKP	50.57	51.27
10	24602 IAZ	Li, Ka Wing Peter	58	SGC	49.00	51.63
11	43970 @^IM	Liang, Zhiwen	57	NWC	59.00	56.30
---	40840 IAZ	Ng, Ka Yiu Karl	59	#DB	49.00	SCR
---	19345 IAZ	Kwok, Yam Yung	58	HKP	38.50	SCR

Event 9 Men 60-64 50 LC Meter Breaststroke**MSR: 36.61 M**

1	43529 IAX	Ng, Wai Fung	60	SFC	39.00	37.73
2	50514 @^IM	Ye, Jinkun	61	SFC	43.00	39.24
3	45930 IAZ	Lo, Wing Kwong	62	SYS	40.00	39.75
4	50511 @^IM	Ye, Huanliang	60	SFC	42.00	41.48
5	37048 IAZ	Cheung, Wai Chuen Jimmy	60	SFC	46.00	46.54
6	40861 IAZ	Cheung, Chi Ming Rover	60	SFC	51.00	47.90
7	26176 IAX	Ho, Chung Man	60	LTS	44.00	48.94
8	36725 IAZ	Yau, Wai	64	SGC	50.00	50.29
9	07802	Chau, Kam Tim	63	SGC	49.00	51.25
10	41007 IAZ	So, Man Sing	62	SGC	48.00	51.47
11	41426 IAZ	Tang, Yu Hang Francis	62	TSA	59.00	54.90
---	48289 IAZ	Cheung, Sai Hung Steven	63	SFC	1:00.00	SCR
---	25226 IAZ	Choi, Tai Wing	62	SFC	55.00	SCR

Event 9 Men 65-69 50 LC Meter Breaststroke**MSR: 37.84 M**

1	03215 IAZ	Leung, Yiu Chuen	65	SYS	41.69	41.45
2	49915 @IAX	Tai, Yu Chung	65	NWC	45.00	42.26
3	06176	Wong, Kung Wan	67	SGC	42.00	42.83
4	43205	Zhou, Jin Jia	68	SFC	42.00	43.02
5	17725 IAZ	Ng, Yu Hung	65	SFC	42.00	43.26
6	19350 IAZ	Leung, Chi Wah	66	HKP	46.47	45.67
7	19292 IAX	Leung, Fu Keung	69	SGC	52.00	1:02.24
---	43963 @^IM	Song, Xingzhi	66	NWC	59.00	SCR
---	50662 @^P	Zong, Cheng	65	SFC	40.00	SCR
---	06388	Lau, Man Kin	69	SFC	52.00	SCR
---	14555 @IAX	Tang, Kon Leong	67	SFC	42.00	SCR

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****Event 9 Men 70-74 50 LC Meter Breaststroke****MSR: 39.27 M**

1	20634 IAZ	Wu, Shu Sun	73	NWC	50.00	44.99
2	50503 @^IM	Feng, Bingkun	72	SFC	48.00	46.02
3	05917	Yong, Khin Syn	74	SFC	48.00	46.33
4	06124	Szeto, Kwan Yin	70	NWC	58.00	49.13
5	06389	Chan, Hong Wah	70	NWC	55.00	50.40
6	06192	Chu, Shui Yi	72	SGC	50.00	50.67
---	06243	Koo, Choi Fat	73	WDS	50.00	SCR
---	43966 @^IM	Zhang, Jie	70	NWC	59.00	SCR

Event 9 Men 75-79 50 LC Meter Breaststroke**MSR: 43.11 M**

1	03845	Tin, Sheung Kwai	76	NWC	39.99	41.67 M
---	10274	Lau, Chun Nung	77	LTS	1:05.00	SCR

Event 9 Men 80-84 50 LC Meter Breaststroke**MSR: 54.52 M**

1	06270	Lam, Luk Kan	82	SFC	56.00	1:11.61
---	23959 IAZ	Chiu, Chin Hung	83	KRS	1:07.11	SCR

Event 9 Men 85-89 50 LC Meter Breaststroke**MSR: 1:02.32 M**

1	06246	Ling, Wang Yam	86	WDS	1:12.00	1:10.46
2	05407	Lee, She Kwok	85	SFC	59.00	1:11.50

Event 10 Women 18-24 50 LC Meter Breaststroke**MSR: 35.53 M**

1	31549 IAZ	Wong, Choi Wan Phoebe	21	PSC	NT	38.44
2	23105 IAZ	Ho, Cheuk Wai	22	DWA	37.40	39.47
3	37318 IAO	Chio, Yi Lan	20	DWA	NT	39.74
4	20061 B	Wong, Tsz Yin	24	SFC	43.00	42.26
5	28242 IAZ	Hang, Kwan Tung Ruby	21	DWA	NT	43.76
6	49847 IAZ	Li, Ka Yu Karen	21	PSC	NT	47.00
---	50384 IAZ	Hao, Chaohui Suzukitomo	18	CUC	55.00	SCR
---	50379 @^ICO	Kuai, Wen	24	KTS	46.00	SCR

Event 10 Women 25-29 50 LC Meter Breaststroke**MSR: 36.06 M**

1	08238 B	Li, Tsz Yu	29	NWC	35.80	38.31
2	29564 IAZ	Ng, Wai Ying Megan	27	FFA	40.00	39.48
3	46331 @ICO	Brueck, Hannah Madeleine	27	*FL	41.00	39.65
4	15442 IBZ	Cheong, Ka Ching	29	*FL	41.00	40.99

Event 10 Women 30-34 50 LC Meter Breaststroke**MSR: 35.23 M**

1	02295 IBZ	Tao, Wai Kiu	30	PSC	36.42	37.32
2	01262	Mau, Lok Yan Eunice	30	CUC	36.64	39.17
3	01441	Yeung, Hiu Ching Judy	32	NWC	40.00	46.08
4	01271 IAZ	Lo, Yan Yin	31	CUC	45.00	47.57
---	50513 @^IM	Wu, Qiaoling	33	SFC	55.00	SCR
---	03730 IBZ	Li, Jamie	31	KHC	40.00	SCR
---	06608 B	Shek, Yan Sin	30	NWC	40.00	SCR

Event 10 Women 35-39 50 LC Meter Breaststroke**MSR: 34.71 M**

1	49329 #@IAO	Ng, Carmen C M	39	PSC	43.06	41.59
2	00288 IBZ	Yip, Wing Yan	35	DWA	40.59	42.01

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****(Event 10 Women 35-39 50 LC Meter Breaststroke)**

3	42212	Lu, Wanjun	37	SFC	50.00	47.52
4	00777	IBZ Tse, Yu Ting	37	NWC	1:00.00	48.73
5	13384	ICZ Lee, May Sze Mei	36	NWC	55.00	1:02.58
---	41684	IAZ Leung, Wing Yin Winnie	39	HFS	47.00	NS
---	07651	IBZ Yu, Sze Wai Joyce	35	HKP	46.31	SCR

Event 10 Women 40-44 50 LC Meter Breaststroke**MSR: 34.74 M**

1	43972	@^IM Liu, Bei	42	NWC	48.00	44.33
2	30072	ICW Chao, Man Chi	44	NWC	1:00.00	44.49
3	42194	Hu, Minyu	40	SFC	50.00	47.97
4	39979	IAZ Lam, Ling Wai Jessica	44	LTS	50.00	52.65
5	50515	IAZ Cheung, Hiu Yan	41	SFC	55.00	54.12
---	47299	IAZ Kwok, Sum Lan	40	HFS	59.00	DQ

Event 10 Women 45-49 50 LC Meter Breaststroke**MSR: 34.72 M**

1	46247	@IAO Krkalo, Shauna Kathleen	45	LRC	34.72	35.02
2	33036	ICO Coleman, Claire Michelle	45	*FL	43.00	42.16
3	35765	IAZ Wong, See Ming	45	HKP	42.11	43.05
4	43157	@ICO Lee, Chew Ling	46	LRC	45.00	48.84
5	27128	IAZ Lau, Yan Yan	49	FFA	49.00	49.55
6	42192	@^IM Chen, Yunlin	47	SFC	50.00	50.62
7	43964	@^IM Qiu, Qi	47	NWC	52.00	50.93
8	46181	IAZ Ng, Yan Yan Bandy	47	TSA	52.17	55.29
---	51234	@^IM Rao, Qingsong	48	SFC	47.00	SCR
---	06209	Lam, Yuet Tung	47	HKP	55.85	SCR
---	51232	@^IM Li, Yanya	47	SFC	42.00	SCR

Event 10 Women 50-54 50 LC Meter Breaststroke**MSR: 37.63 M**

1	33517	IAO Yamaguchi, Mika	51	*FL	40.98	39.42
2	50110	IAZ Chow, Yin Wei Nora	51	NWC	48.00	49.79
3	31395	IAZ Chan, Pui Ling	53	FFA	49.05	51.80
4	48393	IAZ Leung, Lin Pik Stella	52	HFS	59.00	55.98
5	48201	IAZ Poon, Nga Yi	50	THS	1:05.00	56.59
6	44304	IAX Choi, Shan Shan	51	SFC	55.00	57.27
7	49204	IAZ Cheng, Wai Man	52	SGC	54.00	57.35
8	43063	@IAO Wong, Rose	53	LRC	58.33	57.89
9	43961	@^IM Li, Bingshi	51	NWC	57.00	58.78
10	40912	IAZ Ng, Yee Ling	52	THS	53.00	59.15
11	40937	IAZ Leung, Wai Fan Fanny	53	NWC	1:20.00	1:02.73
---	06349	Ip, Oi Wa Wendy	51	SFC	50.00	SCR
---	43957	@^IM Lu, Mei	51	NWC	59.00	SCR

Event 10 Women 55-59 50 LC Meter Breaststroke**MSR: 38.73 M**

1	50492	@^IM Guo, Liyan	58	SFC	50.00	47.56
2	29752	IAZ Chow, Yee Heung Liza	59	LTS	49.00	50.68
3	43102	ICO Roberts, Tonya Leanne	55	LRC	50.44	52.13
4	16303	Rana, Naomi	57	LRC	51.21	53.31
5	37012	IAZ Lun, Yau Chun Nara	55	NWC	1:05.00	53.79
6	38289	IAZ Ng, Wai Lin Angie	59	SFC	59.00	57.14
7	26254	IAX Ng, Kong Ching	58	NWC	55.00	1:04.69
8	38460	IAZ Tang, Kit Fong Yvonne	59	NWC	1:09.00	1:06.31

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****(Event 10 Women 55-59 50 LC Meter Breaststroke)**

9	43962 @^IM	Pan, Lijian	58	NWC	57.00	1:07.67
---	40575 IAO	Chan, San Ngah	55	*FL	53.00	SCR
---	50509 @^IM	Guan, Xiuqin	56	SFC	54.00	SCR

Event 10 Women 60-64 50 LC Meter Breaststroke**MSR: 47.46 M**

1	41423 IAZ	Chiu, Pauline	61	TSA	52.00	51.13
2	05190	Ho, Wan Sai Rita	61	FFA	49.00	52.09
3	45065 @IAZ	Lo, Fung Po Jennifer	60	LRC	55.65	56.21
4	44332 @^IM	Xiao, Yun	62	NWC	50.00	56.23
5	34668 IAZ	Tang, Pik Ha	63	NWC	55.00	58.12
6	22428 IAZ	Lau, Yuk Lin Rocky	61	SGC	51.00	1:01.57
7	20640 IAZ	Wong, Fung Yee	63	SFC	58.00	1:06.48

Event 10 Women 65-69 50 LC Meter Breaststroke**MSR: 50.56 M**

1	19290 IAX	Tseung, Nga Wah	66	SFC	58.00	53.93
2	02711	Fok, Wai Fung	65	WDS	1:01.00	56.17
3	43980	Zhang, Jun	65	NWC	1:15.00	1:04.83
---	49428 IAX	Leong, Sao Fan	66	NWC	1:08.00	SCR

Event 10 Women 70-74 50 LC Meter Breaststroke**MSR: 53.36 M**

1	39357 @^P	Mak, Sok Iun	73	SFC	1:05.00	1:03.54
---	50480 @^ICX	Lam, Lai Mui	72	SFC	1:10.00	SCR

Event 10 Women 75-79 50 LC Meter Breaststroke**MSR: 56.26 M**

1	17480 IAZ	Chow, Pui Han Angela	77	LTS	1:12.00	1:12.38
2	02365	Chow, So Kam	78	KTS	1:20.00	1:13.24
3	32571 IAZ	Chan, Pui Yee	79	SFC	1:20.00	1:21.32

Event 10 Women 80-84 50 LC Meter Breaststroke**MSR: 52.77 M**

1	06374	Wong, Jim	82	SFC	1:05.00	1:09.03
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Event 11 Mixed 100-119 4x50 LC Meter Medley Relay**MSR: 2:11.65 M**

1	Hong Kong Police Swimming	A	2:11.99	2:09.75 M
2	New Water Polo Club	A	NT	2:10.73 M
3	HK Flying Fish Athletic Assn	A	NT	2:14.14
---	Sword Fish Club	A	2:45.00	SCR

Event 11 Mixed 120-159 4x50 LC Meter Medley Relay

1	New Water Polo Club	A	NT	2:17.02
2	Fastlane Swimming	A	NT	2:19.82
3	Hong Kong Police Swimming	A	2:27.75	2:30.12
4	Sword Fish Club	A	3:00.00	2:34.37
5	HK Flying Fish Athletic Assn	A	NT	2:41.47
6	Hoi Fung Swimming Club	A	2:56.25	2:45.95
---	Hong Kong Football Club	A	NT	NS
---	Crest Ray Recreation and Spc	A	NT	SCR
---	Kwan Hung Swimming Club	A	2:05.00	SCR

Event 11 Mixed 160-199 4x50 LC Meter Medley Relay

1	Fastlane Swimming	A	NT	2:02.95
2	Ladies' Recreation Club	A	NT	2:10.31

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****(Event 11 Mixed 160-199 4x50 LC Meter Medley Relay)**

3	Hong Kong Football Club	A	NT	2:12.96
4	Sword Fish Club	A	3:15.00	2:24.83
5	Pacific Swimming Club	A	NT	2:33.07
6	Lai Tsun Swimming Society	A	NT	2:38.68
7	New Water Polo Club	A	NT	2:44.32
8	Hong Kong Police Swimming	A	2:44.16	2:46.98
9	Hoi Fung Swimming Club	A	3:17.23	3:12.94
10	Tolo Harbour Swimming T. S.	A	NT	3:23.47
---	HK Flying Fish Athletic Assn	A	NT	SCR

Event 11 Mixed 200-239 4x50 LC Meter Medley Relay

1	New Water Polo Club	A	NT	2:28.86
2	Hoi Fung Swimming Club	A	2:36.25	2:35.39
3	Sword Fish Club	A	3:45.00	2:41.63
4	Ladies' Recreation Club	A	NT	2:43.99
5	Lai Tsun Swimming Society	A	NT	2:50.99
6	HK Flying Fish Athletic Assn	A	NT	2:53.36
---	Fastlane Swimming	A	NT	SCR
---	Hong Kong Police Swimming	A	3:02.24	SCR

Event 11 Mixed 240-279 4x50 LC Meter Medley Relay

1	Sword Fish Club	A	4:00.00	2:40.63
2	Lai Tsun Swimming Society	A	NT	3:13.90
3	Hoi Fung Swimming Club	A	3:24.80	3:25.06
4	New Water Polo Club	A	NT	3:25.65

Event 11 Mixed 280-319 4x50 LC Meter Medley Relay

1	New Water Polo Club	A	NT	2:56.46
2	Sword Fish Club	A	4:15.00	3:11.58
3	Lai Tsun Swimming Society	A	NT	3:57.32

Event 11 Mixed 320-359 4x50 LC Meter Medley Relay

1	Sword Fish Club	A	5:00.00	5:02.91
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Event 12 Men 18-24 400 LC Meter Freestyle**MSR: 4:25.08 M**

1	25611 B Chu, Kin Shing	19	*CY	NT	5:33.05
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Event 12 Men 25-29 400 LC Meter Freestyle**MSR: 4:32.86 M**

1	24728 IAZ Chan, Wing Fa	26	EWS	5:00.00	4:55.64
2	19810 IAZ Lau, Ka Chun	27	HKP	5:30.00	5:19.89
3	40333 IAZ Lam, Pak Lai	26	FFA	NT	6:00.60
4	47043 IAZ Lam, Pak Lun	29	FFA	NT	6:57.61

Event 12 Men 30-34 400 LC Meter Freestyle**MSR: 4:46.54 M**

1	05296 B Hui, Chun Hin	30	NWC	5:00.00	4:48.82
2	10309 #IBZ Leung, Chin Fung	34	NWC	5:30.00	5:06.12
3	00104 Lo, Shek Pui	34	#FB	5:50.00	5:14.55
4	49924 @ICO Lemaire, Thibaud Christophe	31	FFA	5:25.00	5:28.21
5	02040 Yei, Tak Sau	34	FFA	5:25.00	5:28.58
6	33387 IAO Wu, Kenneth Yee Lok	32	SFC	5:45.00	5:49.84
7	46301 IAZ Lai, Siu In	30	NWC	6:54.00	7:06.05
---	48933 IAO Leung, Ryan Chun Hay	34	PSC	NT	NS

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****Event 12 Men 35-39 400 LC Meter Freestyle****MSR: 4:29.74 M**

1	47580 @IAO	Poon, Derrick Gene-ming	35	*FL	5:20.00	5:01.85
2	00091	Chan, Lok Yan	39	NWC	5:30.00	5:12.69
3	44302 ICO	Boas, Michael Joel	38	*FL	5:50.00	5:35.44
4	48158 IAZ	Lee, Sung Hai Hysan	39	#DB	8:00.00	6:45.19

Event 12 Men 40-44 400 LC Meter Freestyle**MSR: 4:35.39 M**

1	01012 ICZ	Fong, Lik Sun	43	#FB	4:40.00	4:48.08
2	30399 IAZ	Lam, Shu Wing	40	FFA	5:25.00	5:37.59
3	03409	Ho, Kin Kan Adrian	40	BSC	NT	5:37.62
4	12176 ICZ	Ng, Siu Yu	41	SFC	5:45.00	5:50.13
5	09165	Cheung, Siu Fung	40	LTS	6:00.00	6:12.42
6	01465 ICZ	Chiang, Filomeno	41	HKP	6:14.74	6:30.29
7	42708 IAZ	Tang, Wing Chung Jonathan	41	HFS	6:40.00	6:32.08
8	49027 IAZ	Ng, Fung Kei	43	SFC	7:09.00	6:59.48
9	27133 IAZ	Poon, Man Chun	42	WDS	6:27.79	7:05.15
10	38035 IAZ	Mok, Kin Fan	43	THS	7:09.00	7:51.02

Event 12 Men 45-49 400 LC Meter Freestyle**MSR: 4:31.75 M**

1	37671 @ICO	Stamenovic, Ivan	47	LRC	5:15.33	4:56.07
2	46505 IAZ	Chang, Lambert Jen Hsiung	48	*FL	5:30.00	5:26.47
3	28849 IAZ	Chan, Chun Kuen	48	SFC	5:45.00	5:38.35
4	24603 IAZ	Hung, Ka Ming	48	YMC	6:30.00	6:02.35
5	16451	Cheng, Ngai Bun	45	KTS	7:00.00	6:19.41

Event 12 Men 50-54 400 LC Meter Freestyle**MSR: 5:02.73 M**

1	25592 IAZ	Cheung, Wai Kei	51	FFA	5:40.00	5:44.85
2	05273	Poon, Ho Keung Danny	53	FFA	5:40.49	5:46.26
3	27868 IAZ	Chan, Chi Wah Ringo	51	SFC	6:00.00	5:58.91
---	10264 #	Faiola, Jeff Alan	52	HIS	4:59.56	NS
---	30710 IAZ	Lai, Kin Sun	53	FFA	5:30.00	SCR

Event 12 Men 55-59 400 LC Meter Freestyle**MSR: 5:11.90 M**

1	05138	Lanzone, Francesco	55	BSC	5:12.00	5:07.45 M
2	41548 IAZ	Ip, Ka Keung Patrick	55	#FB	6:00.00	5:47.18
3	27470 IAZ	Chan, Tin Hung	55	HKP	7:00.00	6:35.41
4	26594 IAZ	Ching, Wai Kin	59	SFC	6:44.28	7:07.87
5	05139	Lin, Fulong	56	FFA	NT	7:19.78
6	29472 IAZN	Choi, Kwok Man Tony	57	SFC	7:50.00	8:07.97

Event 12 Men 60-64 400 LC Meter Freestyle**MSR: 5:24.54 M**

1	05191	Koo, Yu Fat Marcus	61	FFA	5:30.00	5:38.41
2	06256	Chan, Kwong Peter	62	SGC	6:00.00	6:10.00
3	15528	Tsui, Tak Shing Dominic	61	*FL	6:08.00	6:16.65
4	37048 IAZ	Cheung, Wai Chuen Jimmy	60	SFC	7:30.00	6:48.92
5	32520 IAX	Lam, Hoi	64	NWC	7:00.00	7:02.49
6	40861 IAZ	Cheung, Chi Ming Rover	60	SFC	7:30.00	7:29.52
7	13979	Lee, Sing Tim	62	LTS	8:00.00	7:44.64
---	21023 IAZ	Ho, Kwong Ngai Eric	60	SFC	7:00.00	SCR

2324 Long Course MS Swi Competition Part 3 - 18/06/2023

Results

Event 12 Men 65-69 400 LC Meter Freestyle

MSR: 6:00.83 M

1	06239	Chan, King Yuen	68	LTS	7:30.00	7:24.77
2	26318	Suen, Chi Wing	69	SFC	8:00.00	7:36.79
3	45199 IAZ	Fok, Siu Por	65	JHC	8:00.00	7:36.80
4	41739 IAZ	Ng, Chin Wing	68	SGC	NT	7:42.62

Event 12 Men 70-74 400 LC Meter Freestyle

MSR: 6:25.09 M

1	06382	Chan, Kam Por	71	SFC	6:30.00	6:30.09
2	06268	Tse, Kwok Piu	72	SFC	7:10.00	6:30.75
3	43979	Qi, Songhe	74	NWC	7:15.00	7:11.54

Event 12 Men 75-79 400 LC Meter Freestyle

MSR: 8:21.67 M

1	40518 IAZ	Liu, Wing Chiu	75	*TM	9:00.00	8:14.53 M
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Event 13 Women 18-24 400 LC Meter Freestyle

MSR: 5:06.39 M

1	31444 #IAX	Tang, Hiu Tung	22	PSC	7:30.00	5:20.43
2	26980 IAZ	Wong, Suet Wing	24	DWA	NT	5:39.02
---	26669 P	Mak, Ho Yan	20	EWS	5:00.00	NS

Event 13 Women 25-29 400 LC Meter Freestyle

MSR: 5:12.71 M

---	09959 #IAZ	Mok, Hoi Man Sheron	28	NWC	7:30.00	NS
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Event 13 Women 30-34 400 LC Meter Freestyle

MSR: 5:04.92 M

1	08900 IBZ	Lam, Suet	30	HKP	5:30.00	6:00.22
2	01441	Yeung, Hiu Ching Judy	32	NWC	6:30.00	7:04.62

Event 13 Women 35-39 400 LC Meter Freestyle

MSR: 4:41.52 M

1	42712 IAZ	Chan, Hiu Ying	39	RKC	7:50.00	6:39.04
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Event 13 Women 40-44 400 LC Meter Freestyle

MSR: 4:44.60 M

1	49442 IAZ	Chan, Yuk Man Phoebe	44	SFC	5:40.00	5:31.30
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Event 13 Women 45-49 400 LC Meter Freestyle

MSR: 5:24.04 M

1	40853 @IAO	Tam, Alison Mai Ling	45	*FL	5:45.00	5:31.44
2	06315	Chan, Sui Yee	47	LRC	NT	7:04.75

Event 13 Women 50-54 400 LC Meter Freestyle

MSR: 5:25.06 M

1	31395 IAZ	Chan, Pui Ling	53	FFA	6:55.91	7:27.36
2	35969 IAX	Wang, Ying Lian	51	TSA	7:45.00	7:29.78
---	38302 IAZ	Cheung, Man Ling Melody	51	LTS	6:38.05	SCR

Event 13 Women 60-64 400 LC Meter Freestyle

MSR: 7:02.63 M

---	36225 IAX	Li, Wai Kam	61	SGC	NT	SCR
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Event 13 Women 65-69 400 LC Meter Freestyle

MSR: 7:13.63 M

1	03503	Castka, Gillian Hancer	67	SFC	7:30.00	7:29.36
2	06355	Lo, Lai Yung	68	NWC	10:10.00	7:59.22

2324 Long Course MS Swi Competition Part 3 - 18/06/2023**Results****Event 13 Women 75-79 400 LC Meter Freestyle**

1	06357	Suen, Ming Chu	75	SFC	9:00.00	8:17.11
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