

# Programme



## **HONG KONG CHINA SWIMMING ASSOCIATION**

(MEMBER OF WORLD AQUATICS)  
(AFFILIATED TO THE SPORTS FEDERATION &  
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

## **Hong Kong Artistic Swimming Routine Competition 2026**

**5<sup>th</sup> July 2026 (Sunday)**

**Kowloon Park Swimming Pool – Diving Pool**

Subvented By: LCSD



**中國香港游泳總會**  
**HONG KONG CHINA SWIMMING ASSOCIATION**  
**二零二六年香港韻律泳比賽**  
**Hong Kong Artistic Swimming Routine Competition 2026**

日期/Date: 二零二六年七月五日 (星期日) 5<sup>th</sup> July 2026 (Sunday)

地點/Venue: 九龍公園游泳池(跳水池) Kowloon Park Swimming Pool (Diving Pool)

**比賽程序/Schedule**

日期/ Date	時間/ Time	項目/ Event	
05/07/2026 (星期日) (Sunday)	0630 – 0900	比賽場地準備 Set up (Competition Venue)	
	0730 – 0830	熱身 Warm up	
	0800 – 0900	裁判會議 Judges Meeting	
	0845	召集: 單人自由自選 (10 歲或以下組及 13 至 15 歲組) Marshal: Free Solo (Age 10 & under & Age 13-15)	
	0900 – 1115	單人自由自選 (10 歲或以下組 及 13 至 15 歲組) Free Solo (Age 10 & under & Age 13-15)	
	1100	召集: 節奏游及規定動作 Marshal: Sequence Swim & Figure Swim	
	1115 – 1145	節奏游 (10 歲或以下組、11 至 12 歲組及 13 歲或以上組) Sequence Swim (Age 10 & under, Age 11-12 and Age 13 or above)	
	1145 – 1230	規定動作 Figure Swim	Panel A: 10 歲或以下組 Panel A: Age 10 & under
			Panel B: 13 歲或以上組及 11 至 12 歲組 Panel B: Age 13 or above & Age 11-12
	1245	召集: 得獎者 (前四名) – 節奏游及規定動作 Marshal: Awardees (the top fourth) – Sequence Swim & Figure Swim	
	1300 – 1315	頒獎典禮 – 節奏游及規定動作 Prize Presentation – Sequence Swim & Figure Swim	
	1230 – 1330	午膳及熱身 Lunch & Warm-up	
	1315 – 1330	裁判會議 Judges Meeting	
	1315	召集: 單人自由自選 (11 至 12 歲組及 15 至 19 歲組) Marshal: Free Solo Routine (Age 11-12 & Age 15-19)	
	1330 – 1445	單人自由自選 (11 至 12 歲組及 15 至 19 歲組) Free Solo Routine (Age 11-12 & Age 15-19)	
	1500 – 1515	裁判會議 Judges Meeting	
	1515	召集: 雙人自由自選 (10 歲或以下組、13 至 15 歲組、11 至 12 歲組及 15 至 19 歲組) Marshal: Free Duet Routine (Age 10 & under, Age 13-15, Age 11-12 & Age 15-19)	
	1530 – 1715	雙人自由自選 (10 歲或以下組、13 至 15 歲組、11 至 12 歲組及 15 至 19 歲組) Free Duet Routine (Age 10 & under, Age 13-15, Age 11-12 & Age 15-19)	
1730	召集: 得獎者 (前四名) – 單人自由自選及雙人自由自選 Marshal: Awardees (the top fourth) – Free Solo Routine & Free Duet Routine		
1745 – 1815	頒獎典禮 – 單人自由自選及雙人自由自選 Prize Presentation – Free Solo & Free Duet Routine		



# Hong Kong Artistic Swimming Routine Competition 2026

Free Solo (Group A: Age 10 & Under)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 08:45

Start	Name	姓名	Gender	Age
1	CHAN Cheuk Nam	陳芍嵐	F	10
2	CAO Luoyi	曹洛伊	F	10
3	LI Lucy Yu Yan	李雨欣	F	8
4	GUO Ailsa	郭芷鈺	F	9
5	XU Enjia	許恩嘉	F	8
6	LAI Ching Foon	黎政寬	M	10
7	WANG Wanyin	王婉茵	F	10
8	LAM Grace	林希妍	F	9
9	CHAN Tsz Lam	陳祉霖	F	10
10	TSANG Tsz Yau	曾子柔	F	10
11	HO Koey	何蕙	F	10
12	ZHU Sophie Yan Yiu	朱欣瑤	F	10
13	WAN Pui Ka	尹珮嘉	F	9
14	LIN Chi Lok	林之樂	F	10
15	ZHU Jinshang	祝瑾尚	F	9

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Free Solo (Group C: Age 13 - 15)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 08:45

Start	Name	姓名	Gender	Age
1	ZHAO Jiaqi	趙嘉琪	F	15
2	WONG Sum Yin	黃心言	F	15
3	CHAN Sheung Yan	陳上恩	F	15
4	KO Allison	高在望	F	13
5	CHAN Wan Chi	陳蘊之	F	14
6	NG Kai Ching Sandy	吳佳晴	F	13
7	CHAN Wai Yuet	陳蔚玥	F	15
8	QIAO Ziling	喬子凌	F	15
9	CHIU Jolie Sze Yu	趙斯羽	F	14
10	LEE Yuen Tze	李婉慈	F	14
11	POON Sze Wing	潘施泳	F	14
12	LAM Ho Huen	林皓綸	F	15
13	BAK Tin Yu Lily	白天予	F	13
14	ZHOU Yutong	周語桐	F	14
15	WANG Wanxuan	王莞萱	F	13
16	LAU Tsz Tung	劉梓童	F	15
17	WONG Wing YEUNG	黃穎洋	M	13
18	LIU Yiming	劉怡銘	F	13
19	LEUNG Tze Yan	梁芷愨	F	14
20	WU Xue Tong	吳雪彤	F	13
21	CHEUNG Xingchen	張星辰	F	13
22	REN Yulin	任妤霖	F	14
23	LAU Lok Yi	劉樂意	F	15
24	ZHU Jinsa	祝瑾颯	F	13
25	NG Kai Yee Kelly	吳佳儀	F	14
26	FUNG Lok Yan	馮樂恩	F	13
27	CAO Aiwei	曹艾唯	F	15
28	ZHANG Sum Yu	張心語	F	13

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Sequence Swim (Age 10 & Under)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 11:00

Start	Name	姓名	Gender	Age
1	CHAN Tsz Yui	陳籽睿	F	10
2	XIE Hannah Ting Wei	謝廷煒	F	9
3	LEE Faith	李慰瑤	F	9
4	HO Ching Yin	何靜妍	F	9
5	ZHOU Siqiao	周思喬	F	10
6	CHING Mei Hoi	程熾凱	F	8
7	QIN Yulan	秦雨嵐	F	9
8	CHOI Yuen Tung Lea	蔡沅彤	F	9
9	SHI Sheng Lan	史聖瀾	F	10
10	CHOW Tze Kiu	鄒子翹	F	9
11	NG Hon Ngai	吳侃靄	F	10
12	LAM Tsz Ham	林子涵	F	10

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Sequence Swim (Age 11 - 12)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 11:00

Start	Name	姓名	Gender	Age
1	XUE Fuyu	薛賦雨	F	11
2	LO Lok Tung	盧洛彤	F	11
3	ZOU Yihan	鄒奕言	F	12
4	MA Yu Kiu	馬虞翹	F	12
5	NG Cheuk Wing	吳卓穎	F	11
6	WAN Jyanna	溫梓臻	F	12
7	CHEUNG Yui Ham Jaimee	張蕊茵	F	12
8	XU Diandian	徐點典	F	11

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

## Sequence Swim (Age 13 & Above)

### Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 11:00

Start	Name	姓名	Gender	Age
1	WONG Gaye	王珈睿	F	13
2	DENG Jiayan	鄧佳妍	F	13

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

## Panel A - Figure Swim (Age 10 & Under)

### Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 11:00

Compulsory:

1) 106 Straight Ballet Leg (DD1.6)

2) 301 Barracuda (DD1.8)

Optional:

3) 359 Front Ariana (DD2.2)

4) 348 Tower (DD1.9)

Start	Name	姓名	Gender	Age
1	LAM Tsz Ham	林子涵	F	10
2	CHAN Tsz Yui	陳籽睿	F	10
3	CHOI Yuen Tung Lea	蔡沅彤	F	9
4	XIE Hannah Ting Wei	謝廷煒	F	9
5	ZHOU Siqiao	周思喬	F	10
6	SHI Sheng Lan	史聖瀾	F	10
7	QIN Yulan	秦雨嵐	F	9
8	NG Hon Ngai	吳侃靄	F	10
9	CHING Mei Hoi	程熾凱	F	8
10	LEE Faith	李愨瑤	F	9
11	CHOW Tze Kiu	鄒子翹	F	9
12	HO Ching Yin	何靜妍	F	9

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Panel B: Figure Swim (Age 13 & Above)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 11:00

Section B:

1) 356f Whip Continuous Spin 720° (DD3.0)

3) 352 Venus (DD3.0)

2) 441 Saturn (DD2.5)

4) 240i Albatross Spin up 360° (DD2.5)

Start	Name	姓名	Gender	Age
1	DENG Jiayan	鄧佳妍	F	13
2	WONG Gaye	王珈睿	F	13

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Panel B: Figure Swim (Age 11 - 12)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 11:00

Compulsory:

1) 106 Straight Ballet Leg (DD1.6)

2) 301 Barracuda (DD1.8)

Optional Group 1:

3) 359 Front Ariana (DD2.2)

4) 348 Tower (DD1.9)

Start	Name	姓名	Gender	Age
1	XU Diandian	徐點典	F	11
2	NG Cheuk Wing	吳卓穎	F	11
3	MA Yu Kiu	馬虞翹	F	12
4	WAN Jyanna	溫梓臻	F	12
5	ZOU Yiyan	鄒奕言	F	12
6	LO Lok Tung	盧洛彤	F	11

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Free Solo (Group B: Age 11 - 12)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 13:15

Start	Name	姓名	Gender	Age
1	HOWELL Elizabeth Vivian	侯伊莉	F	11
2	SHEK Sophie Jennifer	石琳	F	12
3	YAN Weikai Kenneth	嚴唯開	M	11
4	HUANG Yuwei	黃語葳	F	11
5	REN Yufei	任妤霏	F	12
6	LI Xiaoran	李蕭苒	F	11
7	LI Wenchen Venus	李宛宸	F	12
8	TAN Chengrui	譚澄睿	F	12
9	WANG Laura Chin Nok	王阡諾	F	12
10	CHAN Hei Lam	陳浣琳	F	11
11	PAK Sophie Lulloc	白瑤瑤	F	11
12	YU Leona Xin Yuan	蔚欣緣	F	12
13	CHOI Sheung Yu	蔡雙如	F	12
14	YU Jiaqi	于佳祺	F	11
15	HSU Jing Shi Jessica	徐敬詩	F	11
16	WEI Xinhe	魏心禾	F	11

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Free Solo (Group D: Age 15 - 19)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 13:15

Start	Name	姓名	Gender	Age
1	KOK Man Hei	谷旻熹	F	17
2	CHAN Chi Ching	陳舒澄	F	17
3	KAY Yan Mei	紀茵薇	F	17
4	CHEUNG Sum Yuet	張心悅	F	17
5	WONG Yuen Kiu	黃沅喬	F	17
6	CHAN Ka Yan	陳加恩	F	16
7	KWAN Tsz Kiu	關芷翹	F	18
8	CHEUNG Hoi Yin	張鎧妍	F	17
9	LAI Hiu Yin	賴曉妍	F	18
10	LI Yintong Phoenix	李尹彤	F	17

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Free Duet (Group A: Age 10 & under)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 15:15

Start	Name	姓名	Gender	Age
1	HO Koey	何蕙	F	10
	LAM Grace	林希妍	F	9
2	GUO Ailsa	郭芷鈺	F	9
	WANG Wanyin	王婉茵	F	10
3	CHAN Cheuk Nam	陳芍嵐	F	10
	LIN Chi Lok	林之樂	F	10

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Free Duet (Group C: Age 13 - 15)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 15:15

Start	Name	姓名	Gender	Age
1	NG Kai Ching Sandy	吳佳晴	F	13
	NG Kai Yee Kelly	吳佳儀	F	14
2	BAK Tin Yu Lily	白天予	F	13
	ZHANG Sum Yu	張心語	F	13
3	LAU Lok Yi	劉樂意	F	15
	LEE Yuen Tze	李婉慈	F	14
4	CHAN Sheung Yan	陳上恩	F	15
	CHAN Wai Yuet	陳蔚玥	F	15
5	CAO Aiwei	曹艾唯	F	15
	CHAN Wan Chi	陳蘊之	F	14
6	CHEUNG Xingchen	張星辰	F	13
	LIU Yiming	劉怡銘	F	13
7	ZHAO Jiaqi	趙嘉琪	F	15
	ZHOU Yutong	周語桐	F	14
8	ZHUANG Oi Chi	莊瓊慈	F	14
	ZHUANG Oi Yui	莊瓊睿	F	14
9	KO Allison	高在望	F	13
	WANG Wanxuan	王莞萱	F	13

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Free Duet (Group B: Age 11 - 12)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 15:15

Start	Name	姓名	Gender	Age
1	CHAN Hei Lam	陳浣琳	F	11
	HUANG Yuwei	黃語葳	F	11
2	PAK Sophie Lulloc	白珞珞	F	11
	YU Leona Xin Yuan	蔚欣緣	F	12
3	CHOI Sheung Yu	蔡雙如	F	12
	WANG Laura Chin Nok	王阡諾	F	12

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Hong Kong Artistic Swimming Routine Competition 2026

Free Duet (Group D: Age 15 - 19)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 5 July 2026

Marshal Time: 15:15

Start	Name	姓名	Gender	Age
1	KAY Yan Mei	紀茵薇	F	16
	WONG Yuen Kiu	黃沅喬	F	17
2	DENG Zhoutong	鄧焯桐	F	17
	LI Yintong Phoenix	李尹彤	F	16
3	CHEUNG Sum Yuet	張心悅	F	18
	TONG Isabelle	唐樂恩	F	18
4	KWAN Tsz Kiu	關芷翹	F	16
	CHAN Chi Ching	陳鈺澄	F	16
5	CHEUNG Hoi Yin	張鎧妍	F	17
	KOK Man Hei	谷旻熹	F	17

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.